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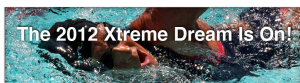
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Posts by Xtreme Dream Team

It's official, the Xtreme Dream 2012 is ON!

Posted by Xtreme Dream Team on Mar 4, 2012 in Blog, Slider | 15 comments



pressure's on. This time I've got to make it. I'm excited and finding the best within myself. I want to do this as much for you as for me. I want to live life large and I want you to believe all your dreams are attainable. So here we...

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Ready To Fly

Posted by Xtreme Dream Team on Mar 2, 2012 in Blog, Slider | 1 comment



I am proud to have a punch to be the narrator of a powerful new documentary film, Ready to Fly. This is the decades-long drama of the best women ski jumpers in the world, frustrated at being denied their rightful place as Olympians. As have elite women distance runners, stock car drivers and all manner of competent, world-class athletes through the ages, the ski jumpers were told there was tremendous concern that they may never bear children because of the dangers of their sport. What is this, Victorian England? The Winter Games, Sochi, 2014, marks the first time in history that these incredibly...

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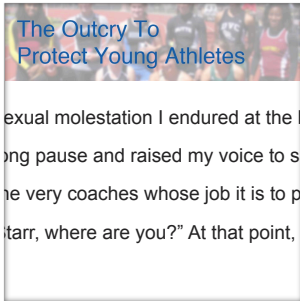


- Check out my latest blog post for a great update!! <http://t.co/PEkEz565> #XtremeDream about 46 minutes ago from HootSuite
- Happy Birthday to @AmandaStAubin & @BrittneyStAubin ~ Hope all your wishes come true! Remember to always DREAM BIG! about 10 hours ago from HootSuite
- Are you ready?! It's official, the Xtreme Dream 2012 is ON! <http://t.co/nJsMnRyU> #ONWARD about 10 hours ago from HootSuite
- I am proud as punch to be the narrator of a POWERFUL new documentary film @readytoflyfilm <http://t.co/RQYjkqXX> #DreamsNeverDie 08:20:03 PM March 04, 2012 from HootSuite
- Nancy Klinger, finalist for the @CNNFitNation Triathlon Challenge, shares her story <http://t.co/NhxOiPnQ>

The Outcry To Protect Young Athletes

[34 captures](#) by Xtreme Dream Team on Feb 23, 2012 in Blog, Slider | 4 comments
24 Jul 2011 – 4 Oct 2015

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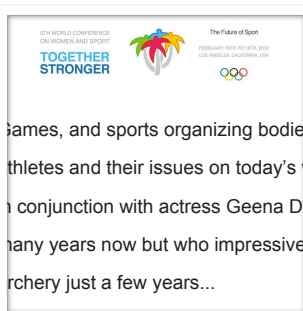


When it came my turn to address the crowd at the 5th IOC Women in Sport World Conference over the last few days here in Los Angeles, I spoke aloud, boldly, of the repeated sexual molestation I endured at the hands of my coach when I was a teenager. At one point, I took a long pause and raised my voice to say "I'm sick of it, young athletes victims of heinous sexual crimes by the very coaches whose job it is to protect and mentor!! And you know who else is sick of it? Katherine Tarr, where are you?" At that point, tall, broad-shouldered, 44-year-old, former world-class...

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The 5th World Conference on Women and Sport

Posted by Xtreme Dream Team on Feb 21, 2012 in Blog, Slider | 2 comments

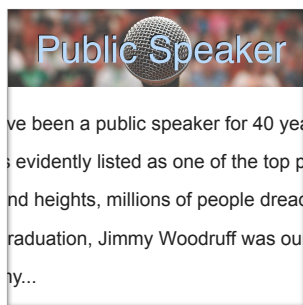


The 5th World Conference on Women and Sport took place in Los Angeles over the past few days. Dignitaries from the International Olympic Committee, the London Olympic Games, and sports organizing bodies from all over the world were here, with the focus on women athletes and their issues on today's world stage. I was asked to give the final keynote of the conference, in conjunction with actress Geena Davis, who has not only been an advocate for women athletes for many years now but who impressively made it all the way to the semi-finals of the Olympic Trials in archery just a few years...

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Public Speaking

Posted by Xtreme Dream Team on Feb 21, 2012 in Blog, Slider | 5 comments



Was up in Palo Alto, CA, couple of days ago for a speech for Morgan Stanley Smith Barney and some of the community leaders in that Stanford/Silicon Valley intelligentsia crowd. I've been a public speaker for 40 years now. And it always surprises me somewhat that public speaking is evidently listed as one of the top phobias many people have. Even above fear of snakes and spiders and heights, millions of people dread getting up even in front of small group and talking. At 6th grade graduation, Jimmy Woodruff was our class speaker. I was sitting around in my little lace skirt, minding my...

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

Recent Posts

- It's official, the Xtreme Dream 2012 is ON!
- Ready To Fly
- The Outcry To Protect Young Athletes
- The 5th World Conference on Women and Sport
- Public Speaking

Recent Comments

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian