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SEP 1

Posted 4:07pm

## Update 1pm Feeding Sunday September 1, 2013



### Update

**1pm on Sunday, Sept. 1, 2013. Swim time: 28 hours**

At her 1 p.m. feeding, Diana mentioned pressure in her lungs, but no trouble breathing. She did not attribute the feeling to asthma. Dr. Covington and Dr. Kot were called over to Voyager to check her vitals and they reported that her blood pressure is normal and her lungs are clear.

We have not been able to archive the video associated with this YouTube page.



### Watch video on YouTube

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**PRE-ORDER NOW**

*Every Stroke Hurts. Every Breath Heals.*

**The Other Shore** follows world record holder and legendary swimmer Diana Nyad, 63, as she comes out of a thirty-year retirement to re-attempt an elusive dream: swimming 103 miles non-stop from Cuba to Florida without the use of a shark cage.

> [See Trailer](#)

Diana's speech was difficult to understand at first due to swelling from saltwater intake. Handler Pauline passed her a big chunk of ice to suck on and her speech improved.

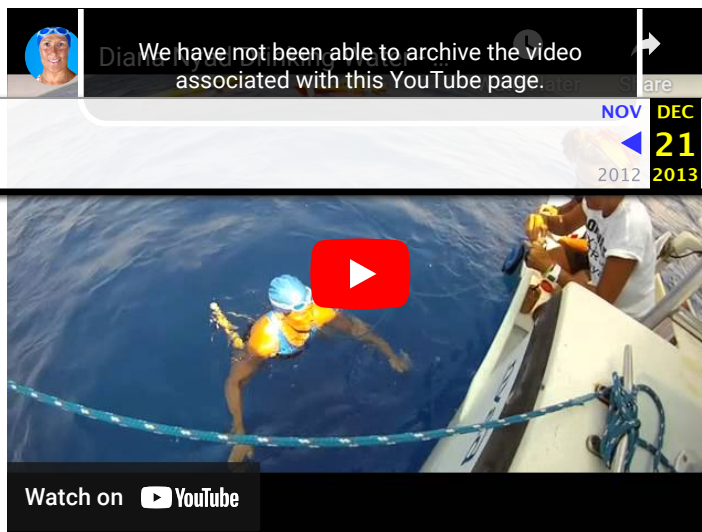
She called for Navigator John Bartlett to come down to the swim platform to ask him a question. "Is the current still with me?" she asked. "Can I take a longer break?"

"Yes, it is," replied John. "If you need it, take it."

"I need it," Diana responded.



What's your Xtreme Dream? Live life large and support Diana!



Diana spoke of the difficulty she had swimming through the night. "It almost broke me," she said. When shark diver Niko, swimming in the water beside her, said "Isn't this a beautiful day?" She said, "I'm not enjoying it much. I wish I were."

Diana was eating well, taking several bites of scrambled eggs, saying "Oh, I'll take that." when offered some pasta.

Diana's schedule is now to stop every 40 minutes for feeding.

#### DO THIS NOW ...

To see Diana's location in REAL TIME visit [DianaNyad.com](http://DianaNyad.com). For the latest updates follow Diana on [Facebook](#) and [Twitter](#).

If you liked this post, "Like" it and share it with your friends. Leave Diana a comment or ask a question below.

P.S. Have you signed up for my 7 Day Reboot? Hop in! It's Free!



Join the Xtreme Dream Team! Show your support for Diana with a shirt, cap or wristband!

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