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SEP 1

Posted 2:14pm

Update from Navigator John Bartlett, Noon September 1, 2013



Update from Navigator John Bartlett at noon on Sunday, Sept. 1, 2013:

"Diana has swum 47.61 statute miles after 27 hours of swimming. Her average speed has increased to 1.76 miles per hour. She is swimming strong and riding the swells which are 3 to 5 feet out of the east behind her. She is getting a little favorable push from the current right now."



DO THIS NOW ...

To see Diana's location in REAL TIME visit DianaNyad.com. For the latest updates follow Diana on [Facebook](#) and [Twitter](#).

If you liked this post, "Like" it and share it with your friends. Leave Diana a comment or ask a question below.

P.S. Have you signed up for my 7 Day Reboot? Hop in! It's Free!



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Every Stroke Hurts. Every Breath Heals.

The Other Shore follows world record holder and legendary swimmer Diana Nyad, 63, as she comes out of a thirty-year retirement to re-attempt an elusive dream: swimming 103 miles non-stop from Cuba to Florida without the use of a shark cage.

> [See Trailer](#)



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Join the Xtreme Dream Team! Show your support for Diana with a shirt, cap or wristband!





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