



AUG 31

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Stewards of the Ocean



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**Saturday August 31, 2013, 3:33 p.m. EDT, Swim time: 6:33
reported by Candace Hogan**

Six and a half hours into the swim, Co-captains Pam Morris and Jeff Lewis, and Judy Montague on the boat Dreams Do Come True (carrying independent observers and media team) noticed a change of water flow signaled by an accumulation of plastic and garbage ahead of us. Pam rushed to get the pole and used its hook to pluck out a plastic bag that was reachable, saying, "We have to be stewards of the ocean."

There are places in the ocean—"changes in the water flow," as Jeff calls it—"where right at the edges everything gathers, like in a ditch: chunks of plastic, garbage, you name it.

"Sea turtles mistake the plastic bags for jellyfish, which they eat and it kills them," said Pam.

Judy says that cardboard or paper are legal to dump because seawater dissolves it in fairly short shrift, although she'd never do it. "There is no place on earth where it is legal to dump plastic, however, because it never goes away."

On her past swims, like the sea turtle, Diana herself has often mistaken a plastic bag for a jellyfish at first, until reassured. But the reassurance is short-lived because sea turtles used to swim with her on occasion over the years, like dolphins still do, and she's saddened that they are a threatened species now and diminishing in number.



The Other Shore follows world record holder and legendary swimmer Diana Nyad, 63, as she comes out of a thirty-year retirement to re-attempt an elusive dream: swimming 103 miles non-stop from Cuba to Florida without the use of a shark cage.

> [See Trailer](#)

DO THIS NOW ...

To see Diana's location in REAL TIME visit DianaNyad.com. For the latest updates follow Diana on [Facebook](#) and [Twitter](#).

If you liked this post, "Like" it and share it with your friends. Leave Diana a comment or ask a question below.

P.S. Have you signed up for my 7 Day Reboot? Hop in! It's Free!



Join the Xtreme Dream Team! Show your support for Diana with a shirt, cap or wristband!

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