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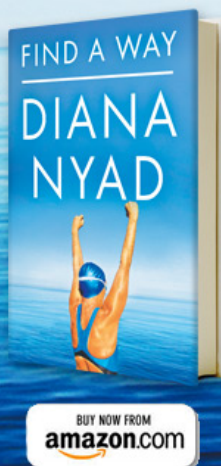
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AUG 31

Posted 12:26pm

Diana's First Feeding, 10:30 a.m. EDT



Diana's First Feeding

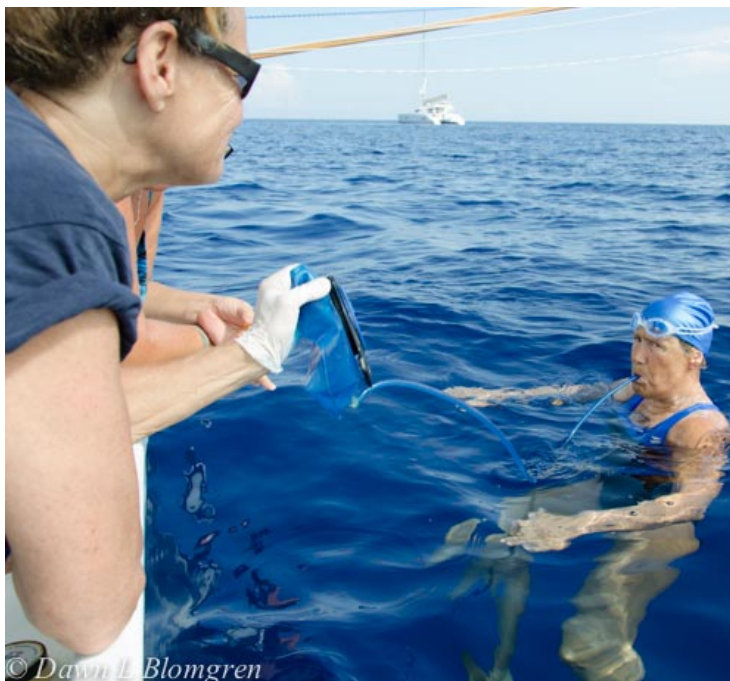
Saturday August 31, 2013, 10:30 a.m. EDT, Swim time: 1:31

Reported by Katie Leigh



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Diana has been swimming for 1.5 hours and has completed her first feeding. Handler Bonnie gives Diana water that she drinks through a "Camelback" bladder with a long drinking tube.



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Additionally, Diana takes several sips of a thin smoothie-type mixture – containing bananas, peanut butter, honey and other ingredients – that Bonnie says tastes like tea.



Handler Pauline feeds Diana bites of a peanut butter and honey sandwich on whole wheat bread. After consuming about half the sandwich, Diana says "I can't have any more food," but Bonnie persuades her to have one more bite.



Bonnie asks if Diana's skin is chafing at all and Diana points out a small place near her armpit. Bonnie puts on rubber gloves and adds more lanolin to the affected spot.



Diana isn't talkative, but comments, "Could the water be any bluer?" to which Pauline answers, "It matches your suit and your cap."

"I was trying for that," jokes Diana. "Fashion, you know."



Bonnie tells Diana she needs to eat two "Shot Blox" that have been chilled on ice. Diana obediently forces them down, although you can tell she doesn't want to. "These need to be colder," she tells Bonnie, who tries to argue that they were on ice and just came out of the cooler. "Feel them," says Diana. Bonnie then admits that the nutrition gels have been out of the cooler for 5 minutes. Diana knows what she wants and isn't afraid to ask for it.

Diana treads water during the entire feeding because she is not allowed by the rules of marathon swimming to touch the boat or be supported by any outside person or object at any time during the swim.

All of this takes about 12 minutes total, and then Diana pulls her goggles back down over her eyes and is back to stroking again. Elbows high, she's going for it.

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