

http://www.diananyad.com/blog/diana-arrives

Go

JAN

FEB

MAR

12

2013

2014

2015

About this capture

9 captures

03 Sep 2013 - 08 May 2023

Home

Blog

Our Swim

Diana

Press

Support Us

Contact

AUG 31

Posted 8:57am

Diana arrives at the start point

**Saturday August 31, 2013, 850am local time
in Hemmingway Marina, Havana, Cuba**

Diana has arrived at the start point. We're ready to go!

DO THIS NOW ...

Follow Diana on [Facebook](#) and [Twitter](#).

If you liked this post, "Like" it and share it with your friends. Leave Diana a comment or ask a question below.

Join the Xtreme Dream Team! Show your support for Diana with a shirt, cap or wristband!

P.S. Have you signed up for my [7 Day Reboot](#)? Hop in! It's Free!



PRE-ORDER NOW

Every Stroke Hurts. Every Breath Heals.

The Other Shore follows world record holder and legendary swimmer Diana Nyad, 63, as she comes out of a thirty-year retirement to re-attempt an elusive dream: swimming 103 miles non-stop from Cuba to Florida without the use of a shark cage.

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[Home](#)

[Blog](#)

[The Swim](#)

[9 captures](#)

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The Nyad Swim for Relief is sponsored by:



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Special Thanks to:



AFFINIA MANHATTAN



Built and designed by Brass Nine Design