



AUG 31 Posted 12:01am

Press Conference in Hemingway Marina

**Friday August 30, 2013, 4pm local time
Hemmingway Marina, Havana, Cuba**

Approximately 15 reporters, including CNN and BBC, attended Diana's press conference at Marina Hemingway beginning at 4 p.m. At this time, the media and the Xtreme Dream team were alerted that **the start time of the swim will be 9 a.m. tomorrow morning!**

Diana spoke and answered questions, mostly in Spanish, for almost an hour. On the occasion that she needed a translator, she called on her long-time friend and Cuban resident, Kathy Loretta.

Diana explained various aspects of the swim, including her shark protection, the dangers of box jellyfish in the sport today, a new jellyfish mask to protect her while swimming at night, and what went wrong in previous attempts. She spoke about how nobody has done this swim before, despite trying since the 1950s.

Diana stressed to the crowd that this swim has been her dream for 36 years now. After last year's attempt, she considered trying a 100-mile swim in different locations such as Guam or the Maldives. But she said "it wasn't in my heart. My heart is with THIS swim, from Cuba to Florida, and there is a part of me that doesn't ever, ever want to give up. This dream is alive."

DO THIS NOW ...

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P.S. Have you signed up for my [7 Day Reboot](#)? Hop in! It's Free!



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Every Stroke Hurts. Every Breath Heals.

The Other Shore follows world record holder and legendary swimmer Diana Nyad, 63, as she comes out of a thirty-year retirement to re-attempt an elusive dream: swimming 103 miles non-stop from Cuba to Florida without the use of a shark cage.

> [See Trailer](#)



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NYAD

6 captures

3 Sep 2013 - 14 Feb 2014

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