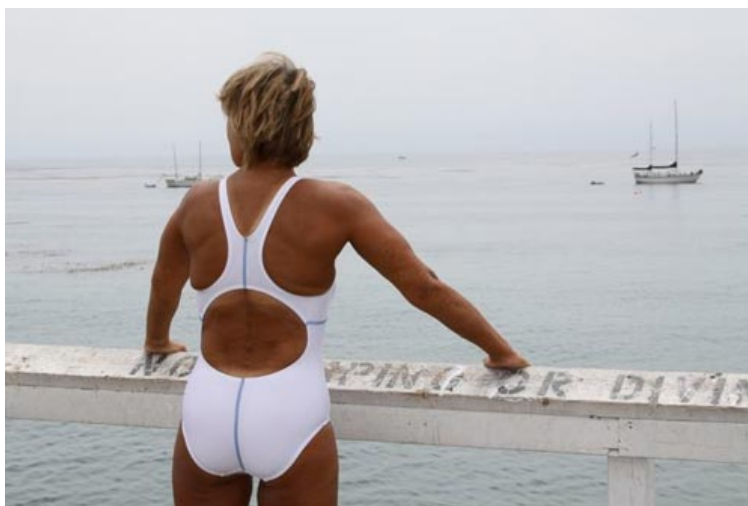




JAN 1

Posted 4:52pm

A Joyous and Bounteous 2013



Wishing all you Extreme Dreamers a joyous and bounteous 2013.

None of us are immune to the holiday cliches...."hopes for joy, happiness, peace"....

Yet my hope for my own upcoming year....and thus I swing that hope over to you as well....is for awareness....

This photo captures what I imagined the Xtreme Dream, any Dream worth pursuing....would bring to me and that is awareness. Ever since the vision and the training and organizing to swim the epic stretch from Cuba to Florida started in 2009, the push has catapulted me and The Team to fascinating expedition discoveries.

There have been thrilling moments of adrenaline and profound sighs of self-fulfillment.

But above all there has been a high that comes with being fully awake.

To be engaged.....to be committed...to be aware.....this is what I want for my life.

I want it for your lives as well.

What do you say we tap extraordinary depths of our potential in 2013? Let's all Dream Big, shall we?

Happy New Year, my friends....ONWARD!!!

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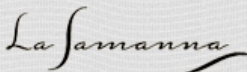
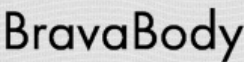
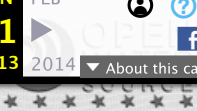
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