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It's Mind Time

Posted by [Xtreme Dream Team](#) on Aug 6, 2012 in [2012 Training](#), [Blog](#) | [0 comments](#)



It's Mind Time, Ops Team

Hurricane Ernesto will pass South of Cuba over the next couple of days.

I have learned that the Earth is a very small place, in many aspects, but to our purposes at the moment, there are complex of converging factors, from as far away as the Ivory Coast of Africa, that influence the tricky weather patterns of the Florida Straits.

It goes without saying that it is frustrating and challenging for me to continue to train, when I was fully peaked and ready several weeks ago.....so I am reluctant to get sky-high about any potential impending weather window... the crash when it doesn't materialize is tough stuff.

That said, we are advised that the next possibility just might be late this next coming week-end, early next week. As in Aug 12, 13 or so.

I am sure that you also grow weary with these potentials that so far have not come to fruition.

Again, we will keep you posted as this week progresses and more models show us either the promise or the demise of that Aug 15 or so window.

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Back to increasing the training hours, to keep the peak strong. Bonnie is here with

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About this capture

of our Voyager drivers, Dee Brady, Nancy Jordan, and John Berry. John's wife Pauline, who will drive our tender boat on the crossing, has been invaluable in working on a myriad of tasks as we fine-tune the operation here. I talk with both navigator John Bartlett and Ops Chief Mark Sollinger just about daily.

We were ready and could have gone a month ago. But, with this extra time, we continue to brainstorm and refine. For example, Bonnie and I (with Angel Yanagihara's counsel from Hawaii) try a different configuration of face coverage for jellyfish protection just about every day. We have moved from high-tech lycra materials to plain pantyhose and now to thicker support hose, with holes cut for eyes and mouth, sealed with clear nail polish.

Mark told me today that he admits that he's frustrated. But then he said, "Your day will come. And it's all going to be good."

Bonnie stays calm, focused and we just do what's right every day, in every way.

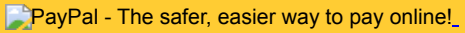
Cindy de Rocher wrote me today: "Good time to practice your mind tricks and guide your thoughts back to Fearless."

Indeed. All good. Calm. Focused. What's right. Fearless.

ONWARD, TEAM, ONWARD!!
diana



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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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Xtreme Dream. For Diana Nyad's representation please contact [Pam Derderian](#)