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Diana Nyad Xtreme Dream

103 miles. Cuba to Florida. Summer 2012

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4th of July in Key West

Posted by Xtreme Dream Team on Jul 4, 2012 in [2012 Training](#), [Blog](#) | [0 comments](#)

We have not been able to archive the video associated with this YouTube page.

Colorful look at 4th of July in Key West. Who am I kidding? This is Key West every night of the year.

This town has become home away from home for me. It's the third year now, in my quest to complete this elusive Cuba Swim, that I have located in Key West for the final expedition prep and the maddening wait for weather.

Yet, as stressful as the wait is, the island/small-town feel of this community has been the ideal, welcoming place to prepare oneself for such a daunting journey. I have made so many good friends here. So many locals have stepped up magnanimously with their time, their resources, their hearts.

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Diana's Tweets



- [#4thofJuly](#) in [#KeyWest](#). This town has become home away from home in my quest to complete this elusive Cuba Swim. <http://t.co/whgMtkwO> about 1 hour ago from web
- Happy 4th of July! about 5 hours ago from [HootSuite](#)
- RT [@jessica_morrow](#): "I am interested in the unknown, & the only path to the unknown is through breaking barriers" - Diana Nyad about 18 hours ago from [HootSuite](#)
- RT [@eb_apparel](#): Diana Nyad training for her swim in the [#Posture](#) Shirt <http://t.co/Zyi4qa1D> about 20 hours ago from [HootSuite](#)

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We are going to have the party of all parties when I finally make it across from Cuba.....and what a place to party...Key West, the ultimate!



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4 Jul 2012 "is a beacon of hope to us all"

that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

- 4th of July in Key West
- Xtreme Dream T-Shirts are

special gift!

- Bonnie Stoll: "We are in tunnel vision mode"
- Support the Xtreme Dream! Help Diana Nyad!
- Shared Dreams

- JL on Bonnie Stoll: "We are in tunnel vision mode"

tunnel vision mode"

- Rafe on Bonnie Stoll: "We are in tunnel vision mode"
- Carolina on Sometimes life seems unfair, so what are you gonna do?
- Bode on Shared Dreams

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian