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18

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2011

2013

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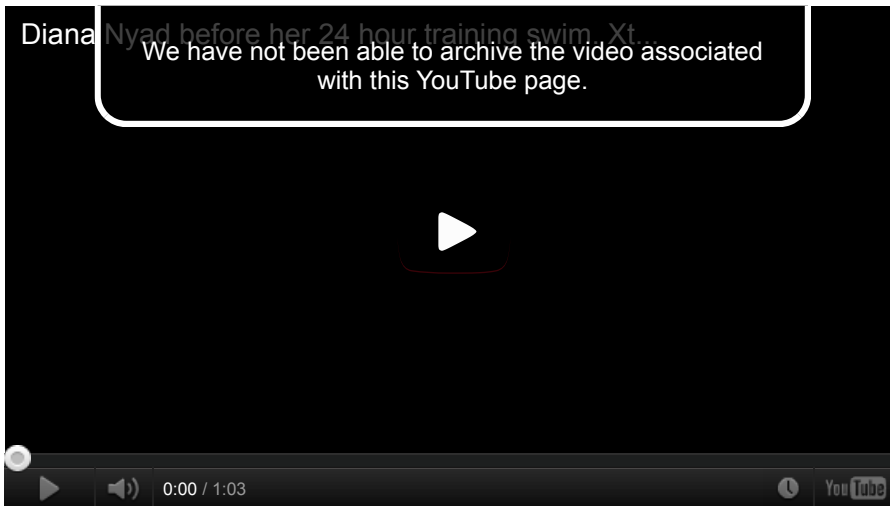
Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2012

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Home » 2012 Training » 24 Hour Swim Ahead

24 Hour Swim Ahead

Posted by Xtreme Dream Team on Jun 13, 2012 in 2012 Training, Blog | 13 comments



Training hard for 3 years for this lifelong Dream. 24 hours ahead tomorrow, what few swimmers have ever done, and in this case just a training swim for Cuba.

Archives

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Diana's Tweets



- Looks like infants can swim too. To the moms out there - at what age will you take your kids for swim lessons?
<http://t.co/o0MwQEbJ> 05:25:08 PM June 16, 2012 from HootSuite
- It may be extreme & challenging, the prep for Cuba, but it is a joy to throw our best selves into it. <http://t.co/AIKiFzNQ> We're ready!! 02:05:11 AM June 16, 2012 from HootSuite
- RT @wsudiscovery: After a tough 24-hour swim, @diananyad says she's ready for Cuba. <http://t.co/7N0zRSvR> 08:45:02 PM June 15, 2012 from HootSuite
- @carlconorton Now just image being in the water! Let's look forward to Cuba! 08:30:46 PM June 15, 2012 from HootSuite in reply to carlconorton
- @lizzie0904 You support means a lot to me. Let's keep pushing towards Cuba!

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14 Jun 2012 – 19 Jun 2012

MAY JUN JUL
◀ 18 ▶
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Laura B.

June 13, 2012

Awesome Diana! 24-hours – that boggles the mind! You will do this epic dream, adventure, this is your time! You have never failed in the past – anytime you put your heart and soul into a dream, there is no failure. Take good care of yourself, you will always be a hero to me!

Reply



Don McCumber

June 13, 2012

The tracker is showing a 5pm start time – is that correct? I'm cheering for you, Diana...
ONWARD!!!

Reply



Anne

June 13, 2012

Today's website postings are such a nice surprise! I hope that 24 hours won't feel like 24 hours and I hope your body will be quick to forgive you for this beautiful long training swim. ONWARD! Your strength, your courage, your tenacity and your poise are just a few of the things that make you my hero. Thank you for the constant inspiration. All the best to you and the team.

Reply



Kristine

June 13, 2012

Wishing you all the best, Diana. Thanks for showing us what is possible if we just give it our all. You're amazing!!

Reply



John Griffin

June 13, 2012

What is your "jellyfish protocol"? God speed as you attempt and make real the impossible.

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14 Jun 2012 – 19 Jun 2012

Reply



Ginger

June 13, 2012

I'm staying up for all 24 hours to support you. Seems like the least I can do. I hope you have a strong, convincing swim. You are ready.

Reply



Jane

June 13, 2012

in my prayers Diana, for you and your dream

Reply



Tressa

June 13, 2012

You got this, Big D! En vous souhaitant une mer calme et la natation bonne.

Reply



Louise

June 13, 2012

You help me want to regain my life and have the courage to be myself. Your strength and courage reach far and deep. Your determination and spirit have helped me down a long road. I know you will succeed!

Reply



Joanne

June 13, 2012

Looking good! Keep up the good work.

Reply



Diane

June 14, 2012

You show me what perseverance looks like. Safe journey on this and all swims. You ROCK Diana!

Reply



jessica

June 14, 2012

Dear Diana,

Our prayers are with you and the crew!

I have never thought that your attempts at this nearly impossible swim from Cuba to Florida as failures – they are "reaches" and each time you go for it, you reach

farther and higher. If it's in your soul, as you say, then LIVE IT... we are with you in spirit!

Reply

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14 Jun 2012 – 19 Jun 2012

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2011 2012 2013



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Alicia

You can do it! You are amazing!

June 14, 2012

Reply

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that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

- 24 Hours Later, Looking To Cuba
- 24 Hour Swim Ahead
- The Xtreme Dream Team Prepares For The 24 Hour Swim
- Jon Hennessey: Xtreme Dream Team Member

- ann on 24 Hours Later, Looking To Cuba
- Later, Looking To Cuba
- Mara on On the Beach at Long Last
- Karen Christensen | The Legacy Boutique on On the Beach at Long Last
- Beth on On the Beach at Long Last

MAY JUN JUL
◀ 18 ▶
2011 2012 2013



About this capture

- April 2012 (12)
- March 2012 (21)
- February 2012 (7)
- January 2012 (9)
- December 2011 (7)
- November 2011 (1)
- October 2011 (17)
- September 2011 (43)
- August 2011 (36)
- July 2011 (20)
- June 2011 (11)
- May 2011 (15)
- April 2011 (4)
- March 2011 (2)
- February 2011 (1)
- January 2011 (2)
- October 2010 (3)
- September 2010 (7)
- August 2010 (14)
- July 2010 (13)