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Diana Nyad Xtreme Dream

103 miles. Cuba to Florida. Summer 2012

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Connecting with the folks at Lifespan

Posted by Xtreme Dream Team on Apr 2, 2012 in Blog | 0 comments

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Diana's Tweets



- We're doing great over here. See for yourself! <http://t.co/PosLocnP> about -1 years ago from HootSuite
- @starducks24 That's great to hear! Do you feel more energized at work now? about 18 hours ago from HootSuitein reply to starducks24
- Bonnie is such a huge help! She knows just what I need. <http://t.co/LqQ2KC6R> about 21 hours ago from HootSuite
- What an honor to be received so kindly by such a great group of people. Talk about #motivation! <http://t.co/wCmZw7bL> about 21 hours ago from HootSuite
- See what happens when you have such an outstanding team beside you?! <http://t.co/anEVtKdx> 05:11:48 PM April 06, 2012 from HootSuite

The folks at the Rochester Lifespan event couple of days ago gave me a kind and rousing Standing Ovation. The reason, in my opinion and in my experience of public speaking since mid 1970's, an audience erupts is that they connect.

It's not a one-way street. Yes, some incredible, life-changing individuals, such as Nelson Mandela, deserve us springing to our feet, just to be in his presence. But to hear most speakers, as much as we can be admiring of their accomplishments or moved by their efforts or in awe of their world-views, we wind up rising to our feet because we are telling them that we can relate to their message, their energy in our own lives.

I like to think that groups such as this, when they shower me with this kind of "adulation", it's because they're thinking of just what they're thirsting to do with their days, their lives, when they walk out that

door.

What a privilege to share my life, my stories, and then see in these peoples' eyes their stories

reverberating right back to me.

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a is more than a swimmer.
s a beacon of hope to us all
that we can dream big, live life
large, and look back at all of it with
no regrets whatsoever."

- The Core Team
- Swimmer-Handler Dynamic
- 2nd Graders Visit Training
- Bonnie's Back: Xtreme Dream 2012 Training
- Connecting with the folks at Lifespan

- Michinstant on One Month Later
- Sam the Cheerleader!!! on 2nd Graders Visit Training
- Ginger on 30 Mins to Go
- Hadar on 30 Mins to Go
- Janis on 2nd Graders Visit Training

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