

http://diananyad.com/training-in-sint-marteen-a-pleasant-torture/

Go

FEB

MAR

APR

31

2011

2012

2013

About this capture

1 capture

31 Mar 2012



Search this site...

Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2012

HOME RECENT NEWS TEDMED HUFFINGTON POST ABOUT DIANA BLOG BRAVABODY CONTACT
2012 TRAINING PRESS

Home » 2012 Training » Training in Sint Marteen: "A Pleasant Torture"

Training in Sint Marteen: "A Pleasant Torture"

Posted by Xtreme Dream Team on Mar 15, 2012 in 2012 Training, Blog | 5 comments



A strange side effect to all her training in Sint Marteen, Diana confesses to finding Los Angeles "chilly."

Archives

Select Month

Diana's Tweets



- My #XtremeDream team is the best! They rigged a brilliant little device to help me stay on course during my swim! <http://t.co/G63arRcW> about 7 hours ago from HootSuite
- @100inbarbados Thanks so much! I'm so pleased that you find inspiration in what I do! Chase your #XtremeDream! about 10 hours ago from HootSuite in reply to 100inBarbados
- @bicyclelab Thanks so much! about 11 hours ago from HootSuite in reply to BicycleLab
- @carlenebyroncom I'm glad I managed to inspire someone. Remember, pain is temporary! 08:43:53 PM March 29, 2012 from HootSuite in reply to CarleneByronCom
- @mrcleome Thats the message I hope to give, no matter your age you can do what you set your mind to! Thanks for

We have not been able to archive the video associated with this YouTube page.

listening! 06:47:06 PM March 29, 2012
from [HootSuitein](#) reply to [mrleome](#)

[1 capture](#)
31 Mar 2012

FEB **MAR** APR
◀ 31 ▶
2011 2012 2013
About this capture



Watch video on YouTube

Error 153
Video player configuration error



[f Share](#) [Tweet](#) [share](#) [share](#)

5 Comments



Natalie

March 15, 2012

love you! It's a chilly 65 degrees in LA today. I have my sweater on. I'll be shivering and thinking of you today. HA! Enjoy every minute of your gorgeous location.

Reply



Laura B.

March 15, 2012

I had no idea that another person would find L.A. to be chilly!! I hear you Diana! It's the same for me! I love the warm days, balmy nights a tropical island can provide, I miss it most in the windy, wet winters of the mainland. I love that you're so happy there, you deserve it!

Reply



alize

March 17, 2012

hello from sunny spain diana! thinking of you every day, you are going to make it, and so am I! besos

Reply



Elizabeth Hernandez

March 19, 2012

Diana:
Affirmation, "I will lunch in Cuba after I kiss the ground when I reach my goal!"

Reply



Elizabeth Hernandez

March 19, 2012

Cheering you on from New York City.....YOU GO GIRL!!!!!!

[1 capture](#)
31 Mar 2012

Reply

FEB **MAR** APR
2011 **31** 2012 2013
About this capture

Leave a Comment

Name

Mail (will not be published)

Website

Your message...

Submit

Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

Recent Posts

- The Pole: Xtreme Dream 2012 Training in St. Maarten
- Training in Saint Maarten: Simpson Bay Lagoon
- A Celebration of Aging with Lifespan in Rochester
- Training in St. Marteen: Morning Start
- Mark Sollinger, My Close Friend & Xtreme Dream Ops Chief

Recent Comments

- Cayce Clifford on Training in Saint Maarten: Simpson Bay Lagoon
- Ginger on The Pole: Xtreme Dream 2012 Training in St. Maarten
- Dick from Rochester on A Celebration of Aging with Lifespan in Rochester
- Laura B. on Training in Saint Maarten: Simpson Bay Lagoon
- Ginger on A Celebration of Aging with Lifespan in Rochester

Archives

- March 2012 (21)
- February 2012 (7)
- January 2012 (9)
- December 2011 (7)
- November 2011 (1)
- October 2011 (17)
- September 2011 (43)
- August 2011 (36)
- July 2011 (20)
- June 2011 (11)
- May 2011 (15)
- April 2011 (4)
- March 2011 (2)
- February 2011 (1)
- January 2011 (2)
- October 2010 (3)
- September 2010 (7)
- August 2010 (14)
- July 2010 (13)

FEB **MAR** APR



◀ **31** ▶



2011 **2012** 2013

▼ About this capture

[1 capture](#)

31 Mar 2012

