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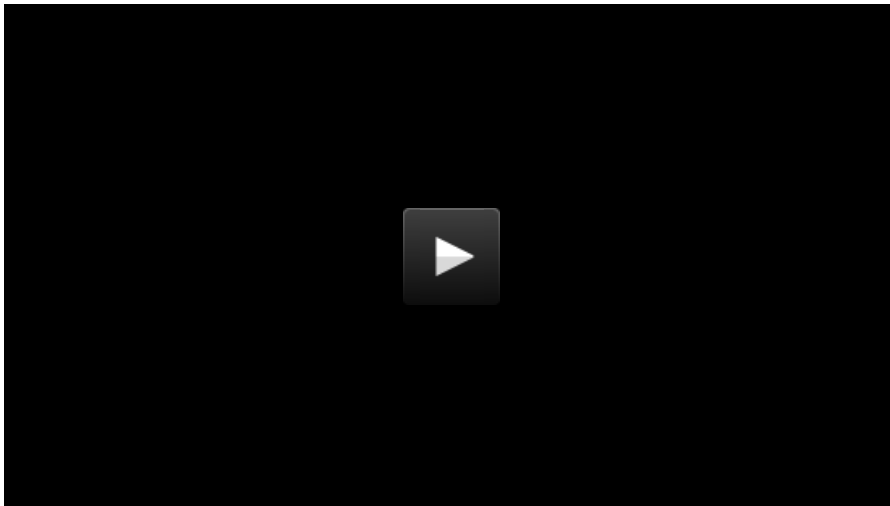
Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2012

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TEDMED

Posted by Xtreme Dream Team on Jan 25, 2012 in Blog, Slider | 3 comments



If you haven't yet sipped the TED Kool-Aid, get yourself a straw. I've been a public speaker for 35 years now but hit the Mt Everest of conferences when I spoke for the TEDMED group this past October. The concept is 50 speakers, the most forward-thinking mavericks on our planet. Each one gets only 15 minutes. Each one is unique, powerful, and leaves your mind significantly expanded. The TED folks launched my speech on YouTube this week. There have been thousands of inspired responses.

Trust me. Get your straw ready and immerse yourself in the exciting zeitgeist of TED.

~ Diana



3 Comments

Archives

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Diana's Tweets



- Happy Birthday to @AmandaStAubin & @BrittneyStAubin ~ Hope all your wishes come true! Remember to always DREAM BIG! about 2 hours ago from HootSuite
- Are you ready!?! It's official, the Xtreme Dream 2012 is ON! <http://t.co/nJsMnRyU> #ONWARD about 3 hours ago from HootSuite
- I am proud as punch to be the narrator of a POWERFUL new documentary film @readytoflyfilm <http://t.co/RQYjkqXX> #DreamsNeverDie about 21 hours ago from HootSuite
- Nancy Klinger, finalist for the @CNFitNation Triathlon Challenge, shares her story <http://t.co/NhxOiPnQ> @cnnhealth #Inspiration 07:50:03 PM March 03, 2012 from HootSuite
- @cnnhealth selects 7 viewers 4 @CNFitNation Triathlon Challenge. 1 of thier finalist, Nancy Klinger shares



Jo Canalli

Hi Diana,

January 27, 2012

her story <http://t.co/bfePzC7h> 07:38:21

PM March 02, 2012 from HootSuitein

[reply to cnnhealth](#)

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I just watched your TED Talk. I just wanted to let you know that you inspired me.

However, it wasn't the actual swim. What actually inspired me was your mental

preparation for the swim. The counting, the songs, all the things you did to prepare your mind for the long silent hours ahead of you. What inspires a person is always personal to that person. You inspired me. As far as I am concerned, the moment you stood on the beach and looked out at the ocean you had already accomplished your goal.

Thank you for inspiring me!

All the best for your next big adventure.

Jo

Reply



L.

February 7, 2012

You inspire and motivate me to improve my life and go forward, especially on tough days. Keep up the amazing work.

Reply



Laura B.

March 3, 2012

Loved your speech for Ted-Med, you're a very dynamic speaker and can hold everybody who hears you spellbound! I hope in the future to be lucky enough to hear you in person! Best of luck in everything you do in life!

Reply

Trackbacks/Pingbacks

[Global Athlete: Out on the Open Water | Sport News Times](#) - [...] sport is sort of a microcosm of life itself," she said in a speech posted last month on her ...

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

Recent Posts

- It's official, the Xtreme Dream 2012 is ON!
- Ready To Fly
- The Outcry To Protect Young Athletes
- The 5th World Conference on Women and Sport
- Public Speaking

Recent Comments

- Katherine Tracey on It's official, the Xtreme Dream 2012 is ON!
- Nancy on It's official, the Xtreme Dream 2012 is ON!
- Kori on It's official, the Xtreme Dream 2012 is ON!
- Mary on It's official, the Xtreme Dream 2012 is ON!
- Vicki on It's official, the Xtreme Dream 2012 is ON!

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian