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Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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Distance Swum

Posted by Xtreme Dream Team on Sep 25, 2011 in Blog, Slider | 19 comments

The current reported distance traveled by Diana is now 92.2 Statute Miles, 82.0 nautical miles, provided by Steve Munatones, the independent observer for the International Swim Federation who accompanied the expedition.

photo credit Christi Barli

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19 Comments



Melana

September 25, 2011

"Your talent is God's gift to you. What you do with it is your gift back to God." ~Leo Buscaglia I cannot imagine how many people have watched you over the years....watched your motivation, determination and belief in yourself. All these years there have been SO MANY people that have been touched by what you have done. They have taken stock of their own lives and said to themselves "if she can do that then I can do this". You'll never know many of them Diana but

Archives

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Diana's Tweets



- Diana on the second sting: "The paralysis of the lungs, the convulsions, the feverish cold and hot." [#XtremeDream](http://t.co/GBXm1xIU) about 2 hours ago from web
- On the first sting: "I'd better suck it up and live with it" [#XtremeDream](http://t.co/GBXm1xIU) about 2 hours ago from web
- "You know who I am. Somebody that doesn't give up." Going Forward: [#XtremeDream](http://t.co/GBXm1xIU) about 2 hours ago from web
- @matbleek can't fault someone for trying though! about 6 hours ago from HootSuite in reply to Matbleek

know this you gave so much to them by doing what you believed in by living it. Never let anyone tell you that you didn't "finish"....you finished and then so much more. To those that thought they couldn't they tried and realized they could. You a winner lady and don't ever forget that....and just look at all you "gave back to God"....bless you.

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Reply



Mar

September 25, 2011

Diana, how I wish I could meet you. Do you have any idea how much your message means to people like me? I'm a 42 year old swimmer/teacher/mother/tutor etc. etc. and sometimes in the craziness of life, I forget about enjoying my life, because I'm in the midst of getting through it. Thank you for your wonderful message of getting the most out of every single day. I lost my wonderful father to Alzheimer's not long ago, and the void that was created as a result of him leaving us, left a shadow over my life. Your message has resonated with me. I am the most at peace when I am swimming - time to do more of that. My dad would've applauded you loudly. I know I sure do. Take good care as you rest up from this incredible accomplishment.

Reply



DONIELLE

September 25, 2011

Diana-

You are not only an inspiration to women, but to everyone! My children have been following your courageous endeavor and swam in your honor at their swim meet today.(they won by the way!) You are a role model in this world, where one is hard to come by. I thank you for your strength, courage, and determination. I thank you for showing us all, that we can achieve anything we set our minds to. We are so proud of you and can only imagine how absolutely beyond proud your family must be to call you theirs.

Reply



Barbara

September 25, 2011

92.2 miles! Whew Girl!!!! You are so beyond us all... please feel good about not only what you have done, but who you are.

(Love your new fb photo!... it's precious and shows the truth of your gratitude and love)

Reply



John

September 25, 2011

Congratulations on your swim! My 9 year old daughter and 7 year old son were rooting for you and watching the updates with me on your site. They were scared about the stings and then amazed that you kept going. Though they were disappointed that you had to end the swim they both think you're amazing for going as far as you did. Thank you for being an inspiration!

Reply

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Cin and Julie

September 25, 2011

You are truly an amazing woman. Your determination is so powerful.

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Hats off to you...you've accomplished more than most would ever think of trying.

You ROCK!

Reply



GF Kremer

September 25, 2011

Dear Diana,

I have followed you since, "back in the day" and today, just like back then, i cannot believe the achievements you have made. A co-worker of mine posted that she had swam 100 yards in the beginnings of her new workout regime. There was a moment, just a moment when I was tempted to say, "Hey! My sistah Diana is swimming A 100 MILES!", but I didn't. That is the inspiration that you have given us all. Regardless of the goal, to TRY is the goal. To achieve is up to the fates, but one will never know unless on tries. Another close friend that chose to adopt twins at age 50, and I tell her and her adopted daughters, there is NOTHING that they cannot accomplish or attempt. Just look at my friend, Diana. Proof positive! So they plop in the water and swim the length of the pool squealing all the way that they want to be like YOU! They don't want to BE you, they want to be LIKE you; an inspiration, an athlete, a focused person who realize who they are.

Regards, and love,

George

Reply



Terrie wurzbacher

September 25, 2011

Diana,

There is nothing I can say that hasn't been said much more eloquently by others.

I just want to say thank you for doing this twice and for allowing us to come along with you even if only in the virtual sense. My admiration for you is like none I've ever held for any other! Congratulations on your phenomenal success!

Terrie

Reply

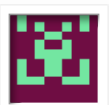


Swimming Holiday

September 26, 2011

Congratulations! Incredible! Have rest now...

Reply



holly

September 26, 2011

LEGEND!

Reply



Erin Roll

September 26, 2011

Diana you are so amazing! I am training for a marathon-and when the times get difficult- my mantra is "I am Diana Nyad tough." Maybe you need to go on a public speaking tour? I would love to hear you speak- you are such an inspiration!

Reply

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Mark

September 26, 2011

Diana, you are san inspiration to so many. You have led by example, teaching other a very important lesson-not to waste our precious lives-but to live life to the fullest and dream big. Thank you so much for all that you have done. You are truly amazing!

Reply



Maggie Steltz

September 26, 2011

I was really rooting for you! You are such an inspiration! My best friend Jenny Grybas is facebook buddies with you. She got me hooked to you.

Reply



Maggie Steltz

September 26, 2011

I hope you try again!

Reply



Jack Sage

September 26, 2011

Is she still swimming? The stroke counter has stopped. Even if she had to stop, it's still an incredibly awesome attempt.

Reply



Amanda

September 26, 2011

The physicians asked her to stop yesterday. The venom from the Man 'o War stings was becoming too much for her body to handle and they did not want her to stay out for another two nights and risk getting stung again. Any more stings could have been fatal for her.

Reply



Jack Sage

September 26, 2011

Sorry to hear that she was forced to stop.
It's still an incredible achievement. Very inspiring...

Reply



Kerry Smithwick

September 26, 2011

Hi Diana, I've been following you for several years and had the privilege to meet

and talk to you 1-on-1 after you attended a GaMPI luncheon in Atlanta.

Last year I was in Key West when you were waiting for approval for your and then
for the weather to cooperate.

Your accomplishments and continued pursuit of your dream was the inspiration I
needed to pursue my lifelong dream to hike the Appalachian Trail from Georgia to
Maine.

I'm currently sitting in the Bangor, ME airport awaiting my flight home. I finished
my hike and summited Mount Katahdin on Saturday, 24 September.

Thanks for your spirit and endurance. You are amazing!

God Bless!

Kerry 'Scribbles' Smithwick

Reply



TC Sheppard

September 26, 2011

You are awe-inspiring! I am so grateful for people like you that give the rest of us
courage and hope! We all need to give age the big raspberry, keep dreaming and
keep chasing our dreams!

Reply

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attempt at swimming from Cuba to Florida. She swam 92 miles but ...

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... is more than a swimmer.
... of hope to us all
...
that we can dream big, live life
large, and look back at all of it with
no regrets whatsoever."

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- Diana Nyad Press Conference: Key West, Florida
- Distance Swum
- Stings
- Almost back to Key West

- Tabitha Hall on Going Forward
- Jean S. on Going Forward
- Name on Stings
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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian