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http://diananyad.com/almost-back-to-key-west/

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Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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[Home](#) » [Blog](#) » [Almost back to Key West](#)

Almost back to Key West

Posted by Xtreme Dream Team on Sep 25, 2011 in [Blog](#) | [21 comments](#)



[2 captures](#)

27 Sep 2011 – 3 Feb 2023

Archives

Select Month

AUG

SEP

FEB

27

2010

2011

2023

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Diana's Tweets



- Diana on the second sting: "The paralysis of the lungs, the convulsions, the feverish cold and hot."
<http://t.co/GBXmIxIU> #XtremeDream
about 2 hours ago from web
- On the first sting: "I'd better suck it up and live with it" <http://t.co/GBXmIxIU> #XtremeDream about 2 hours ago from web
- "You know who I am. Somebody that doesn't give up." Going Forward:
<http://t.co/GBXmIxIU> #XtremeDream
about 2 hours ago from web
- @matbleek can't fault someone for trying though! about 6 hours ago from HootSuite in reply to Matbleek

We are almost back to Key West aboard the Sunliver. Diana has eaten some chicken, and is sitting with the crew discussing the swim. She is so grateful to read your comments and feelings. She has scars on her arms, back and lips from the Man of War stings. Coming next are some photos from the boat.

Make a Splash and Sponsor Diana's Xtreme Dream!



Your purchase of a Wristband, Hat, Polo or T-Shirt will help bring Diana, one stroke at a time, across the ocean from Cuba to Florida!

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You remind us all it's the journey that counts more than the destination.bravo!

Reply



Delores age 59

September 25, 2011

Hi Diana, you are such an inspiration, I am just finishing my teaching degree, which was a dream since 1968 when I was in HighSchool. You show so much determination and perseverance that I find it incredible. I remember when you were 28 and attempted this swim the first time. Thanks for showing the world that we are not old at this stage of the game, we still have what it takes, just by attempting out dreams!!! I pray for a speedy recovery for you. Thanks for showing up for the challenge. Delores

Reply



Diana, I was in awe the first time I met you. And I still am. The Sollitto's are still cheering for you

September 25, 2011

Your message...

Reply



Ali

September 25, 2011

Wow what a powerful picture. I am going to find a journey asap.

Reply



Lynda

September 25, 2011

This is a great picture of you two. You both look so happy. Many years of happiness to you both. Dream big ladies, dream big...

Reply



Wanda

September 25, 2011

Diana and Bonnie....you both are awesome...Diana your spirit exceeds all....Bonnie's example of friendship at the deepest level is noted. I'm so proud of you both. Be safe.
Wanda

Reply



Judy

September 25, 2011



Shucks, Diana, I remember when you were 16 or 17 and started your college journey at an age far younger than most anyone there—and the risks you took back then, the effort you put into your training and the very SMART woman you were! You've grown in wisdom and experience, but I am glad to see that feisty spirit alive and kicking. Congratulations on chasing your dreams, and thank you for spilling that determination over onto the rest of us! Hugs—Judy Huck Hinton

Reply

[2 captures](#)

27 Sep 2011 – 3 Feb 2023

AUG

SEP

FEB



27



2010

2011

2023

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Colleen

September 25, 2011

Congratulations! You went for it with no reservations! You are successful.

Reply



Colleen McKay

September 25, 2011

OMG your eye looks terrible. and so sad. but we are so up. you gave us all such a thrill.. don't forget us next time in NYC.. besitos

Reply



thevanreingolds

September 25, 2011

Your message...Diana, always our hero, we are ever so proud of you..amazing what you just did. Bonnie the best and most loyal friend you could find. The Extreme Dream Team thank you all for bringing Diana home safely. Sending you all our love Anita, Julie and the boys. XXXXHugs

Reply



SOMEBODYWHORESPECTYOU

September 25, 2011

I promised myself to do 200 000 push ups and 200 000 of other exercises, I created my diana's excel sheet to keep the records of my task, you conquered my heart, and I gonna put your picture in my daugther's room forever because she is missing a model to emulate.

I've the same problem as you, my goals have been huge all the time, otherwise I don't like them.

I'm in the middle of one outstanding dream. I don't know how long it will take me to finish it, I'm persisting on it every day of my life, but it's true, these ideas are the engine of our lives.

You already did a lot, and maybe you still don't figure out the impact of what you have done.

a kiss and a hug to you

Reply



Jo

September 25, 2011

Diana, congrats on the great effort! Stupid invertebrate ingrates! Sorry they spoiled the finish, but the journey taught us all so much. You make me believe

that at 56, my best days are NOT behind me, and I'm getting back in the pool and back into the game. Thank you for all the wonderful inspiration!

Reply

[2 captures](#)

27 Sep 2011 – 3 Feb 2023

AUG

SEP

FEB

27

2010

2011

2023

About this capture



Robert Thompson

September 25, 2011

Sheer courage. Bravo!

Reply



Honey Ward & Sandy Davis

September 25, 2011

Diana,

Congrats on this wonderful success!

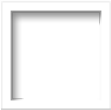
My partner Sandy (Blaschke) Davis went to school with you at Emory and says she can't imagine a more wonderful thing for you to be doing on the weekend of your 40th college reunion.

Let us know when you get out Santa Fe way – we don't have much water, and it is a remarkably beautiful part of the world.

You are an inspiration!

Love, Honey Ward

Reply



surfergirl

September 25, 2011

Very gentle hugs to you. You are an inspiration.

Reply



Katie Oglesby

September 25, 2011

Sleep well tonight. Job well done. Thanks for the memories this weekend. It was awesome to watch you persevere.

Reply



pep

September 25, 2011

Role model....please if you are in NYC, I'd love to have you meet the Prospect Park Track Club.

Reply



Mike Mongo

September 25, 2011

Diana Nyad, how do we put our feelings to words about what you set out to do and what it has meant to us out here in the world?

I mean, how do you put to words what you were feeling?

One of my acquaintances called you a hero. Another person said, "Hero? How in the world is she a HERO??"

And I too the opportunity to explain that, first, I am maintaining my calm, and that second, you are me. You are all of us. You are all of the people who didn't or couldn't or wouldn't. You did what many only dream of us, and especially for all of

us who live our dreams and wish for everyone to TAKE THAT LEAP OF FAITH and follow your heart

What you did was follow your heart. In my book, there are no bigger heroes than that. You are an inspiration to the world and we kept and keep you in our thoughts and prayers and wishes and even our dreams.

You did it right. Damn the torpedoes. Full speed ahead.

Keep up the good work, you rock.

Reply



Karen

September 25, 2011

Please feel, I mean REALLY FEEL & KNOW how You and your special crew and Gal Pal are so treasured. Truly, get it Diana, experience US being so incredibly moved by this Herstory Making Event! Thank you, Coach Karen Rice

Reply

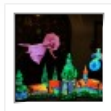


Alexk

September 25, 2011

You are a winner in every way!,

Reply



Erica

September 26, 2011

I want to be just like you when I grow up.

Reply

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2011

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[2 captures](#)

27 Sep 2011 - 3 Feb 2023

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2010

2011

2023

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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Archives

- September 2011 (37)
- August 2011 (36)
- July 2011 (20)
- June 2011 (11)
- May 2011 (15)
- April 2011 (4)
- March 2011 (2)
- February 2011 (1)
- January 2011 (2)
- October 2010 (3)
- September 2010 (7)
- August 2010 (14)
- July 2010 (13)

Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian