

http://diananyad.com/persevering

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Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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Persevering

Posted by Xtreme Dream Team on Sep 25, 2011 in Blog | 20 comments



It's a little after 10am and Diana is swimming strongly. We are 67 nautical miles from Cuba. She has a strong heart rate of 85 and is persevering. The challenge will be the prospect of crossing the Gulf Stream to reach land. Every professional aboard the flotilla, whether they be physicians or international marathon swimming hall of fame representatives, is astounded at this achievement, even to this point.

Make a Splash and Sponsor Diana's Xtreme Dream!

Your purchase of a Wristband, Hat, Polo or T-Shirt will help bring Diana, one stroke at a time, across the ocean from Cuba to Florida!



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Diana's Tweets



- Diana on the second sting: "The paralysis of the lungs, the convulsions, the feverish cold and hot."
<http://t.co/GBXmIxIU> #XtremeDream about 15 hours ago from web
- On the first sting: "I'd better suck it up and live with it" <http://t.co/GBXmIxIU> #XtremeDream about 15 hours ago from web
- "You know who I am. Somebody that doesn't give up." Going Forward:
<http://t.co/GBXmIxIU> #XtremeDream about 15 hours ago from web

20 Comments

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27 Sep 2011 - 31 Jan 2012

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◀ 27 ▶

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Barbara
Amazing... YOU GO GIRL!

Reply



Andi

Awesome! You blow me away!

September 25, 2011

Reply



Greta & Amy, Columbus, OH

This is AMAZING!!!

September 25, 2011

Reply



Ronen

40 miles to go... how long will that take at current stroke rate assuming no sharks, jell fish, etc?

September 25, 2011

Reply



Kim

Amazing, just amazing!

September 25, 2011

Reply



Kori

Superwoman!!! Amazing and inspiring you are Diana! You got this! Big yeehaw's from Wyoming!!

September 25, 2011

Reply



ashley

One stroke at a time Diana!

September 25, 2011

Reply



Christina

Go girl go! Our whole family is cheering for you.

September 25, 2011

Reply



Diane

September 25, 2011

Diana! You already won this race. You've done already what only VERY few on

this planet could even hope to do, seriously! And, that's no BS!!!!

Wow. Just wow.

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27 Sep 2011 - 31 Jan 2012

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◀ 27 ▶
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Reply



Judy W

September 25, 2011

Go go go!!

Reply



Lisa

September 25, 2011

Live One Day At A Time And Make It A Masterpiece. Dalai Lama

Reply



Tamas

September 25, 2011

This is amazing... I'm a marathon runner so I know what it's like to push forward when you're at your limits. But I can't even imagine this on the scale of what Diana is going through. I hope her doctors know what they are doing. Thanks for the positive energy, this is amazing...

Reply



James

September 25, 2011

Inspiring, at 61, isn't the right word!!

Reply



Denise

September 25, 2011

Diana, you an insprational athelete, woman & human being.

Reply



Nancy

September 25, 2011

Dear Diana,

We have you on our desktop now so we don't miss a stoke! Being born and in Hawaii I know those man-of-war well. You can beat them! Stay strong, we're praying for you...

Nancy and family. ;)

Reply



Kimy

September 25, 2011

You can do it, Diana!! Love your perseverance!

Reply

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27 Sep 2011 - 31 Jan 2012

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◀ 27 ▶
2010 2011 2012



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Danny in NYC

September 25, 2011

So impressive and inspirational!

Reply



Swimming Holiday

September 25, 2011

Keep on going Diana, we are with you!!! Cant wait to hear next update!

Reply



Jonah, Josie & Grayson

September 25, 2011

You can do it Diana! You are amazing.

Reply



Name

September 25, 2011

For any sea and water loving person, you Daina sure beat all the X-treme swimmers and sailors put together. Kudos. Ahmed Azeddine, Danish singlehander sailor.

Reply

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Diana Nyad's Xtreme

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that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

the most venomous marine animal known

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- Distance Swum
- Stings

Patrice Titterington on Going Forward

- Diane on Going Forward
- Deirdre Robbins on Going Forward
- Mary Stan on Going Forward

- AUG SEP OCT (38)
- 27
- 2010 2011 2012
- About this capture
- July 2011 (20)
 - June 2011 (11)
 - May 2011 (15)
 - April 2011 (4)
 - March 2011 (2)
 - February 2011 (1)
 - January 2011 (2)
 - October 2010 (3)
 - September 2010 (7)
 - August 2010 (14)
 - July 2010 (13)

Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian