

http://diananyad.com/a-challenging-night/

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A Challenging Night

Posted by Xtreme Dream Team on Sep 24, 2011 in Blog | 19 comments

It's been a challenging night and morning. Diana recovered from the multiple Portuguese Man O' War stings enough to swim – but she is struggling right now. Her usual stroke pace, between 52 and 55 strokes per minute, has dropped to 48, but she is able to swim. At 5:50am Diana stopped her freestyle stroke and complained that she couldn't breathe properly, that she wasn't getting oxygen to her muscles. Two doctors from the University of Miami sped out to the Voyager and administered a prednisone shot along with oxygen and other medications. Diana treaded water between 7am and 8am, and said she felt better, but still couldn't get enough oxygen to her muscles.

Night turned into day as the dawn broke slowly on the horizon. "You're doing better. I can see it," said Bonnie Stoll, her chief handler. Diana's regular feedings and hydration are continuing. Candace Hogan, who has been on most of Diana's swims since 1978, says Diana can recover and complete this swim.

At 8:57am, the flotilla and Diana are about 25 miles from Cuba.

Make a Splash and Sponsor Diana's Xtreme Dream!



Your purchase of a Wristband, Hat, Polo or T-Shirt will help bring Diana, one stroke at a time, across the ocean from Cuba to Florida!



Archives

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Diana's Tweets



- @hereandnow Mind over matter! about -1 years ago from HootSuite in reply to hereandnow
- @dallasindiegrp Haha thanks!! Such an honor to be an inspiration to so many. xoxox about 14 minutes ago from HootSuite in reply to dallasindiegrp
- There are so many words of motivation & inspiration. I thank U all 4 Ur belief in my #XtremeDream. This is not the end but a new chapter about 1 hour ago from HootSuite

19 Comments

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Stay strong!! You are such an inspiration to all of us!

Reply



Sharon O'Dell

September 24, 2011

Diana you are DOING GREAT! My gosh, everytime I meet head on with any obstacle in mylife, I will always remember you on this journey! Make your dream come true, FIGHT GIRL FIGHT! Sending you love, support and energy....

Reply



Gae Polisner

September 24, 2011

sending positive powerful thoughts to you, Diana. You continue to be an outrageous inspiration!

Reply



elizabeth p

September 24, 2011

How amazing! I have goosebumps waiting for the next update.

Reply



Cindi Cronk

September 24, 2011

You're amazing! Stay strong! You can do this!

Reply



Lew McCorvey 8 time Ironman Finisher

September 24, 2011

The joy of finishing will outlast the pain to get to that point, DONT QUIT

Reply



stan lipton

September 24, 2011

As a 64 year old athlete;you inspire me.

Good waters to you D

Reply



Katherine Phelps-Griffin

September 24, 2011

As an ex-marathon runner and one with an injury that should have required my leg of me, I am motivated at 56 to simply think of your perseverance when I feel sorry for myself walking the mile a day that I require of myself. Your mental strategies are a good example to follow as well.

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Elaine

September 24, 2011

When I have pain, I always visulize fields of Daffodils. So perhaps on the shore there will be... Please swim a few strong strokes for me because MS took my strong stroke away. I was on the first women's swim team at my university in the '70's.

I hope you make it and if not, please keep going – you are teaching all of us that a person should never, never, never quit. I think Churchill was the first to say that.

Godspeed!

Reply



Anne Boone

September 24, 2011

I'm 65, and getting ready to do Ironman Florida in November, for the second year in a row. I did Kona in '87. Diana's journey makes my Ironman training look like a walk in the park. What a strong, brave woman!

Reply



Maxa

September 24, 2011

you are such an inspiration!

not whether or not you make that whole swim –

but *that* you swim like that.

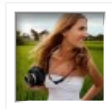
and train like that.

and live your life like that.

may that never stop —

regardless of how this *particular* swim turns out!

Reply



Karen Christensen | The Legacy Boutique

September 24, 2011

Sending you so, so much love. You, sweet Diana, are the definition of strong. We are all here, holding your vision, inspired by your dream. Your journey is our own. Thank YOU.

Onward!

Reply



sheila sullivan

September 24, 2011

What an inspiration! I am rooting for you.

Reply

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Joe Agbro

September 24, 2011

Keep swimming... I salute your courage

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Reply



Nela

September 24, 2011

I've of course heard of this kind of determination, courage and perseverance, but now I can actually see it ... in you. Stay strong, and we're all right there with you.

Reply



Anita Clark

September 24, 2011

You are such an inspiration to so many! Best wishes as you continue to push forward...each stroke is a few feet closer to the Florida shore.

Reply



Laura Yountz

September 24, 2011

stay strong. you are fierce. you are an inspiration... to dream. to go. to do. to dare.

Reply



Nancy

September 24, 2011

Great job Diana!

My husband and I are cheering you on! We will keep you in our prayers and are inspired by your excitement and courage to take this journey on, despite the outcome. You are a winner!

Reply



Andre Rebelo

September 25, 2011

Have strength !

Andre,

Portugal

Reply

Trackbacks/Pingbacks

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Diana's website and blog or follow on Twitter to receive stroke-for-stroke updates. And, to ...

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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- Distance Swum
- Stings
- Almost back to Key West
- On the boat to Key West

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- Na'ama on Stings
- Maggie Steltz on Distance Swum
- Maggie Steltz on Distance Swum
- Kay on Diana Nyad Press Conference: 11am, Key West

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian