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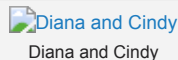
Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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Talk about a gem

Posted by Xtreme Dream Team on Aug 22, 2011 in Blog | 6 comments



Diana and Cindy

So I was hustling around Key West a few days after the Swim, thanking so many people in town who had stepped up in all ways. One of America's jewels, far as I'm concerned, Key West. Bonnie and I hop in our buddy Cindy de Rocher's (talk about a gem....this woman was tireless in the assistance, the humor, and the huge energy she threw our way....will never be able to thank Cindy properly) golf cart one afternoon. Along with bikes, golf carts are the means of transport around the town. Cindy's Yorkie Callie rides up front, paws on the steering wheel. It's not that I ever thought I was the center of the universe. It just seemed that way for a bit after the Swim attempt. Every place we stopped to thank a store owner or such, folks would kindly tell me they were inspired by the effort we had all made in trying like heck to get across from Cuba. So we're cruising at about 8mph down Duval Street and people are waving at me, yelling Congratulations. I wave and smile. Then we come to a stop sign and a couple come running to our corner with their cameras ready. They're excited. I turn toward them to give them a good photo. And they signal me to please lean back a bit. I'm in their shot and they're trying to get a good photo of Callie at the wheel. This is just what I needed. To come down off the seriousness of it all. Two years of guts. Two years of intense preparation. Two years of dreaming. it hasn't been easy, coping with an ending that wasn't my Xtreme Dream. It's not that I'm not proud of what we accomplished. But the disappointment has nevertheless been palpable. So a moment of humor was just what the doctor ordered.



6 Comments



Judith DeZinno

August 22, 2011

Archives

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Diana's Tweets



- our friend Mike, @mtomasetti, from @ChatterBlast is making a movie, let's help him out! <http://ow.ly/6zYxW> about 12 hours ago from HootSuite
- Did you miss the airing of the @cnfnfitnation documentary? We good news, Sanjay's CNN Documentary is Now Online <http://ow.ly/6zPik> about 14 hours ago from HootSuite
- Congratulations to the amazing team at @sldn and @FreedomToServe - today we repeal DADT! Who is going to be celebrating? <http://ow.ly/6zCik> about 17 hours ago from HootSuite
- @tamekomiller And thank you for your support about 17 hours ago from HootSuitein reply to tamekomiller
- RT @healthspan: @Londoner_co_uk @diananyad he made it! World record holder Roger Allsopp. about 17 hours ago from HootSuite



Happy Birthday Diana – you have been a true inspiration. I'm headed to Key West tomorrow for vacay and I've got my swim cap and goggles packed and plan to try out my first open water swim. Hoping to do the sprint triathlon there in December.

[2 captures](#)

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Reply



JoAnn Szott

August 22, 2011

Happy Birthday Diana and many more! I finally got my shirt and love it. Hope you have a wonderful day! Thank you for sharing. I just love this Web site. Enjoy today!

Reply



Joann Trimarco

August 22, 2011

Finished the John Daly Long Beach, NY, Ocean Mile in 50:50!! Rough surf, but I kept saying your name while I was swimming to get beyond the breakers and around the first 2 buoys. My daughter swam it for the first time. It was my 24th time!!
You continue to be my inspiration!!

Reply



Joanne

August 22, 2011

Happy Birthday, Diana! Great picture, love the story. Kids, pets, and old folks keep us real, don't they?

Reply



jean golden

August 24, 2011

Talk about humble. Cindy was the soul of humility – and wonderfully helpful to all us friends without question. Thanks, Cindy!

Reply



Alex de Cordoba

August 24, 2011

I am so inspired by you! Occasionally while I ride my bike, and wish I was home already, I imagine what it must feel like to face 100 miles of open ocean and not be one bit afraid of taking one more stroke. Thank you!

Reply

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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- Mel Hirsch on Diana's Reaction to the Documentary

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian