



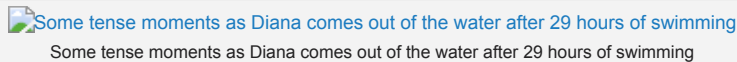
Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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Dr. Michael Broder Diana's doctor on the swim

Posted by Xtreme Dream Team on Aug 16, 2011 in Blog | 4 comments



Photos by Christi Barli

Dear Diana,

If I was one tenth the public speaker you are, I would have said this last night, but better late than never:

When Bonnie and I pulled you into the Voyager last night, you said more than once how sorry you were to disappoint all your friends.

It's going to take a long time, maybe a lifetime, for me to process these last few days, but at this moment I am elated, moved, saddened, proud, alive, and more than a little exhausted. But one thing I most certainly am NOT is disappointed.

I am grateful for the privilege of having been part of this phenomenal team—each person more dedicated, caring, and focused than the next. And for the exhilaration I feel from having played a small part in this grand adventure.

But most of all for the knowledge that not only do real leaders exist in this world, but that I can call one of them my friend. Because leaders like you inspire us to reach beyond our grasp, to care about something other than ourselves, and to live each day more fully.

And it makes no difference that you didn't crawl ashore in Key West, Key Largo, Miami, or anyplace else. I wouldn't trade the gift of these last few days for all the hundred-mile swims in the universe.

You are my hero.

Michael



Archives

Select Month

Diana's Tweets



- @saragepp Aww thank you and I am so excited for dedication to surfboarding, You will do great! Aim high and never loose sight of your goals! [about 9 hours ago](#) from [HootSuite](#) in reply to [saragepp](#)
- @lavishpearlrock Thank you. Cant wait to hear about your upcoming adventures :) [about 10 hours ago](#) from [HootSuite](#) in reply to [lavishpearlrock](#)
- @jrexaggregations Thank you! [about 10 hours ago](#) from [HootSuite](#) in reply to [JRExaggregations](#)
- @worldtravelmom YES! So happy for you. Thank you so much for watching the documentary! Have a favorite part? [about 10 hours ago](#) from [HootSuite](#) in reply to [WorldTravelMom](#)
- To my followers and supporters~Live ur dreams & Get high on everyday life! Thank U all 4 watching my @CNNbrk documentary <http://ow.ly/6yIP0> [about 10 hours ago](#) from [HootSuite](#)

4 Comments

[1 capture](#)

21 Sep 2011

AUG SEP OCT

21

2010 2011 2012



About this capture



Diana C.

I have a sneaking suspicion that this swim will do more to encourage and inspire people in its INCOMPLETENESS than if Diana had made it to Florida.

Actually engaging in the swim seemed almost anti-climactic after two years of training, political challenges and team-building. So many times we focus on the goal without allowing ourselves to profit from the PROCESS. As a former dancer, I spent 99% of my time in class and rehearsal, 1% performing. Was the 99% worthless? No, it made those brief moments of exquisite joy possible. So BRAVA, Diana, for demonstrating what true commitment looks like, and that letting go of results and living in the moment is really all we have.

Reply



jean golden

Mmmmm.....

August 18, 2011

Reply



Janelle Williams

Yeah! What he said!

August 18, 2011

Reply



oana

You're my hero too.

August 18, 2011

Reply

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Your message...

[1 capture](#)

21 Sep 2011

Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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- Bridget's Story

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- CandaceLyle on Don't Miss Dr. Sanjay Gupta's documentary, "Diana Nyad:Xtreme Dream"
- CandaceLyle on Thank You.
- CandaceLyle on 'Diana Nyad: Xtreme Dream' Documentary Virtual Viewing Party
- Martha Sullivan on 'Diana Nyad: Xtreme Dream' Documentary Virtual Viewing Party
- CandaceLyle on 'Diana Nyad: Xtreme Dream' Documentary Virtual Viewing Party

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian