

<http://diananyad.com/diana-needs-your-help/>

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# Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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## Diana Needs Your Help!

Posted by admin on Jul 13, 2011 in [Blog](#) | [15 comments](#)



It takes an army to make this dream come true. Many people have asked what they can do to help. Here's what you can do. Buy Team Nyad gear or make a donation through our official Non-Profit, Spire. Thank you! Your support is so appreciated!

[Donate!](#)

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### Archives

Select Month

### Diana's Tweets



- [@blkberryswirl](#) Back at ya! Have fun, be safe and take in the New Year with a blast! [about 16 hours ago](#) from [HootSuite](#) [reply to BlkBerrySwirl](#)
- [@angelasmith\\_](#) Yes, I love the holidays. Hope you had a great Christmas. [about 16 hours ago](#) from [HootSuite](#) [reply to AngelaSmith\\_](#)
- [@h2ornrspf](#) Thanks for the mention. Hope your enjoying the Holidays [about 18 hours ago](#) from [HootSuite](#) [reply to H2OrnrSPF](#)
- [@marystan55](#) Your very welcome. Keep pushing ONWARD into 2012 and beyond! [about 18 hours ago](#) from [HootSuite](#) [reply to marystan55](#)
- Just in case you havent seen my video yet, I wanted to make sure I got to say Happy Holidays to all of my followers! <http://t.co/J2fZgmde> [about 19 hours ago](#) from [HootSuite](#)



## 15 Comments



JOHN

July 13, 2011

Diana, Having been a swimmer most of my teenage years (mid to long distance of course!), I salute you and wish you all the best. What an amazing inspiration. I will be thinking of you. John

Reply

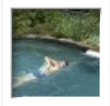


carolyn

July 14, 2011

Just discovered your story and read your blog. You are truly an inspiration and I wish you luck on your journey!

Reply



Endless Pools

July 14, 2011

We just made a donation. Best of luck Diana, you're an inspiration!

Reply



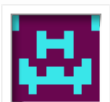
Hajjouji Mohamed

July 14, 2011

Hi Diana Nyad , You are a great woman...May God bless yr way ..all my best wishes to you ...

Hajjouji Mohamed from Morocco .

Reply



Dar

July 14, 2011

Diana, you are so inspiring! Cheering you all the way, with every stroke, every breath! You can do it! Much much love.

Reply

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John de Wit

July 19, 2011

58 years old, open water swimmer, lived in Cuba as a kid, amazed and heartened by your courage. you go girl! I want a t shirt, but dunno how to order. catch up with you sometime. JdW

Reply



Rob

July 31, 2011

My God, your mission is of epic nature and I salute and wish you every success in completeing this journey. (intact I hope). Your sheer determination & ambition should deter the most would-be hungry predator!  
Best of Luck from Ireland

Reply



parole de citoyen

August 8, 2011

fantastic what you do. hoping success for you and for peace between Usa and Cuba

Reply



Jorge Manjarrez

August 8, 2011

Diana:

Eres inspiradora y un ejemplo de perseverancia y disciplina.

Reply



Joan Marcotte

August 9, 2011

I remember your name as a long distance swimmer in years past. I am glad to see you are still striving to meet your goals. You make it possible for seniors to dream. I am 70 years old and I am remember you. Thank you for your courage and the best of luck to you.

Reply



Lori Sand

August 9, 2011

Dear Diana -

You should be very proud of your accomplishment – even though it met and early end. It wasn't a failure on your part but an intervention by Mother Nature. Thank you for your shining example to us "seniors" (I am 55) to keep dreaming big and just do it!

Reply

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Richard

August 9, 2011

Thank you for the extreme effort you have given us seasoned adults. There some

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that keep pushing the limits of exercise. My efforts last year was swimming 95 miles . My age is 72 years old. Thank you again.

Reply



Search Engine Optimisation

August 9, 2011

Kind regards on the great important information right here on your own blog site, this can be an tiny little questions for all your web log tv audiences. Who actually quotation the enumerated below saying? . . . .Really enjoy is literally medical client, enjoy is probably category. It doesn't evaporate jealousy, it doesn't evaporate include, studying incredibly. It isn't necessary to vulgar, it's not necessarily self-seeking, endure for generations without problems angered, this situation makes zero account as to errors. Want is not really enjoy wickedness but also rejoices though using actual facts. The following surely manages, invariably trusts, forever case, typically perseveres.

Reply



francesca

August 10, 2011

THANK YOU DIANA for continuing to courageously inspire! In 1978 I was setting off to college full of dreams, cheering for you and other women who dared to step forward and make a difference. Finally I learned that I was the only one holding me back: last year I did 50 things I'd never done in 50 consecutive days to celebrate my 50th birthday. Definitely the most profound thing I'd ever done; the personal growth was enormous. Oh yes, we're in our prime; you keep going, girl!

Reply



Anne connors

August 11, 2011

You are an inspiration to those of us over 50! Have you tried the Access Bar by Melaleuca for endurance and fatburn? Just wondering what keeps you going so long and strong. Prayers are with you for a safe journey. You are not alone. Keep inspiring others!

Reply

## Leave a Comment

Name

Mail (will not be published)

Website

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Your message...

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## Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

## Recent Posts

- Happy Holidays!
- We're Horrified. Now what are we going to do about it?
- Store Temporarily Offline
- Catherine Opie
- Penn State Shocker. Really?

## Recent Comments

- alize on Happy Holidays!
- LindaM on Happy Holidays!
- Eileen on Happy Holidays!
- Rachel M. & Kathy M. on Happy Holidays!
- Laura Wilson on Happy Holidays!

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian