

http://diananyad.com/jellyfish-stings/

Go

JUN

JUL

JAN



[7 captures](#)

20 Jul 2011 - 24 Aug 2014

2010

21

2011

2012

About this capture



Search this site...



Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

[HOME](#) [STORE](#) [ABOUT DIANA](#) [BLOG](#) [BRAVABODY](#) [PARTNERS »](#) [SUPPORT THE DREAM »](#) [CONTACT](#)

[Home](#) » [Blog](#) » Jellyfish Stings

Jellyfish Stings

Posted by Xtreme Dream Team on Jul 7, 2011 in Blog | 2 comments



Photo by: Christi Barli

Swimming through massive beds of seaweed can be nasty because jellyfish have often been caught up in the tangle.

Just the other day, I was stung in this seaweed mass. It wasn't a dangerous Portuguese Man of War, which can cause nausea, even convulsions, even hallucinations, but the sting was sharp and made me stop for 2 or so minutes to grit my teeth until the pain subsided. Most jellyfish sting the surface of the skin. It's not pleasant, to be stung, but it's not dangerous. The Man of War, on the other hand, is dangerous. They actually send a venom into the central nervous system, the idea being that they're trying to paralyze a fish. We human beings are too large to go all the way to paralysis from the amount of venom they emit, but we can be terribly sick from a Man of War sting, especially from a swirl of multiple tentacles.

Twitter Updates



- [@millerfinch](#) My fans are the ones who keep me swimming through the roughest moments! [about 8 minutes ago](#) from [HootSuite](#) [reply to millerfinch](#)
- [@millerfinch](#) [@mcs3000](#) [@cherry_ing](#) [@KaiserTR](#) [@bsb](#) [@morrigan070](#) Thanks for all the enthusiasm and encouragement! It has not gone unnoticed. [about 9 minutes ago](#) from [HootSuite](#) [reply to millerfinch](#)
- [@eddiebnyc](#) [@aikiRUNNER](#) [@secondact](#) [@Broken](#) Beautiful [@Linda_Cope](#) Thanks so much all of your continued support everyone! [about 10 minutes ago](#) from [HootSuite](#) [reply to EddieBNYC](#)
- [@steffitwobits](#) [@troycorley](#) [@NRDems](#) [@Charlesraybeck](#) [@donlubach](#) [@lisapbs](#) [@sharksandlasers](#) [@aReyoUiN](#) Thanks for all of your support! [about 12 minutes ago](#) from [HootSuite](#) [reply to SteffiTwoBits](#)
- [@elayneboosler](#) [@Fred_Stoller](#) I have a great team that will be helping me, as they do now, to put out live updates! [about 15 minutes ago](#) from [HootSuite](#) [reply to ElayneBoosler](#)

My Team has on board next to me some ammonia-based products to squeeze directly onto the sting areas and our Team doctor will have injections of Benadryl on hand, just in case I am experiencing some level of shock from a Man of War sting. I can't get out of the boat to be treated. Nor can any of the Team hold me up in the water. But I can approach the boat and be very close to them as they treat me

[7 captures](#)
20 Jul 2011 - 24 Aug 2014

- We got the temps we need! Wooo hooo!
<http://ow.ly/5JyDW> about 6 hours ago from HootSuite

JUN

JUL

JAN

RT @cnm... try Cuba-... again ...

21

record swim

2010

2011

2012

About this capture

soon! <http://t.co/yPt3hxB> about 10 hours ago from HootSuite

- @elayneboosler Glad you tuned in and enjoyed it! about 10 hours ago from HootSuitein reply to ElayneBoosler
- @elayneboosler It's at: facebook.com/diananyad about 10 hours ago from HootSuitein reply to ElayneBoosler
- I know I talk a lot about using music to help me stay tough mentally but what's the one song you listen to to get through challenges? about 10 hours ago from HootSuite

2 Comments



Jesus Montero

Diana, a Man of War cannot beat a Woman of Steel!

July 7, 2011

Reply



Melinda Johnson

Nothing stops one who seeks excellence...nothing!

July 8, 2011

Reply

Leave a Comment

Name

Mail (will not be published)

Website

Your message...

Submit

Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian