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Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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The Xtreme Dream Navigator

Posted by admin on Jul 6, 2011 in Blog | 1 comment



Photo by: Christi Barli

My navigator for the Xtreme Dream is David Marchant. We communicate all day long about the myriad of complications in coming across from Havana to Key West. This is by no means only the daunting distance of 103 miles itself. It's a very, very tricky pathway of the powerful Gulf Stream, flowing East when I'm trying to swim North, along with swirling eddies throughout, Westerly countercurrents off the Cuban coast, and potentially strong counter-tides off the Florida coast.

David is English, raised in the Bahamas, now living in St Maarten, where I train with him, his wife Maya, our main boat driver for the expedition, and the Sollinger family who are key crew members as well. David has spent every day of his life on the ocean. He has crossed the Atlantic and sailed the seas of Africa, Europe, the States, the Caribbean, etc, back and forth, literally hundreds of times. He of course

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Diana's Tweets



- [@blkberryswirl](#) Back at ya! Have fun, be safe and take in the New Year with a blast! [about 16 hours ago](#) from [HootSuite](#) in reply to [BlkBerrySwirl](#)
- [@angelasmith_](#) Yes, I love the holidays. Hope you had a great Christmas. [about 16 hours ago](#) from [HootSuite](#) in reply to [AngelaSmith_](#)
- [@h2ornrspf](#) Thanks for the mention. Hope your enjoying the Holidays [about 18 hours ago](#) from [HootSuite](#) in reply to [H2OrnrSPF](#)
- [@marystan55](#) Your very welcome. Keep pushing ONWARD into 2012 and beyond! [about 18 hours ago](#) from [HootSuite](#) in reply to [marystan55](#)
- Just in case you havent seen my video yet, I wanted to make sure I got to say Happy Holidays to all of my followers! <http://t.co/J2fZgmde> [about 18 hours ago](#) from [HootSuite](#)

has all of modern technology at his fingertips. But he also has a lifetime of instincts when it comes to getting across an ocean passage.

The navigation of this quest is going to be a work of art unto itself. I am traveling at 2mph, at the very best. To make progress at that speed, through these currents, will be a huge challenge. I trust David

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continuously. I'm going to have to dig down to the depths of my spirit to press through some 60 hours of continuous swimming. And David also is the one of our team who is not going to sleep. He's going to be on this boat you see here, the Voyager, and safely, efficiently get me from the Cuban to the American shore.



One Comment



jean golden

July 6, 2011

"Watchman, watchman what of the night? The watchman said 'the morning comes and then the night'"

Take care of our beloved Diana, dear Navigator... until the morning shines bright.

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Dream

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a is more than a swimmer.
a beacon of hope to us all
that we can dream big, live life
large, and look back at all of it with
no regrets whatsoever."

- Happy Holidays!
- We're Horrified. Now what are
- Store Temporarily Offline
- Catherine Opie
- Penn State Shocker. Really?

- alize on Happy Holidays!
- LindaM on Happy Holidays!
- Eileen on Happy Holidays!
- Rachel M. & Kathy M. on Happy Holidays!
- Laura Wilson on Happy Holidays!

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