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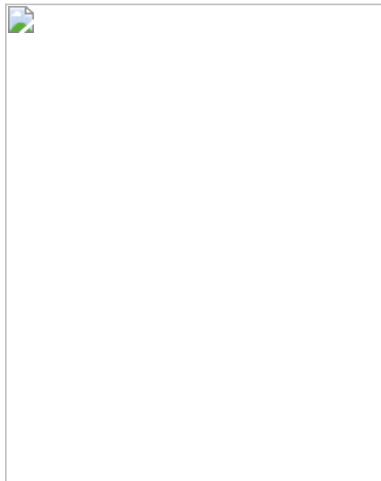
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Should ballroom dancing be included in the Olympic Games?

Posted by Diana Nyad on Apr 18, 2011 in Blog | 2 comments



What do you think? Should ballroom dancing be included in the Olympic Games?

Don't laugh. There's a considerable worldwide movement to make ballroom dancing an Olympic event. Each host of the Games is allowed to present one demonstration sport, not for medals, but for future consideration for inclusion. The Sydney, Australia Games in 2000 chose ballroom.

My mom was a champion ballroom dancer. Yesterday was (would have been 86) mom's birthday and I thought about Lucy quite a bit during my 13-hour training swim here in St Maarten. Especially as we went into the night and a huge full moon lit up the dark-blue sky, I had pictures of mom floating across my brain. Especially of her dancing.

She was exceptional. Could mambo, cha-cha, tango, waltz with effortless grace and rhythm, sweeping long distances across the floor with the gliding grace of a figure skater. Ironically perhaps, it was mom's dedication to her dancing, which started in her 50's, that really helped her finally understand my passion

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- [@brkfastattiffys](#) Thanks so much for the follow back.. make sure to check out my facebook page! <http://t.co/nf0JK8HG> about 16 hours ago from HootSuitein reply to BrkfastAtTiffys
- [@janetober](#) Don't let anything stand in the way of your dreams- courage is never stopping!! about 16 hours ago from HootSuitein reply to JanetOber
- [@slatefree1](#) I'm happy to have followers! The next adventure is whatever jumps out at me next in life. about 16 hours ago from HootSuitein reply to Slatefree1
- [@mezzoring](#) I couldn't agree more, we need to lean to preserve the earth and all of the creatures that come with it! about 17 hours ago from HootSuitein reply to mezzoring

as an athlete. Oh, she was always proud of me. But her French background somehow led her to hope I wouldn't be so muscular, would find rather the piano or some other more cultured pursuit to throw myself into. But when she started competing on the dance floor, she was at the studio as many as six hours a day. She was the first one there, the last to leave. She worked hard and had the long-term of any successful athlete, to stick with the clumsy, frustrating first steps over and over again until she was eventually world-class.

I am a HUGE fan of Dancing with the Stars. Unfathomable how these utter beginners can in four or so days be taught a complicated dance such as the Fox Trot, with a long string of intricate steps, and then get up in front of 20-plus million people and pull off looking pretty darn adept, sometimes better than adept but rather sensational. If we accept ice dancing in the winter games. And we have rhythmic gymnastics.

Some years ago I would have laughed outright at the concept of "athletes" dancing for gold medals in the Olympic Games. But I've changed my tune.

How about you? Can you see it?



2 Comments



Depression medication

August 3, 2011

My sis instructed me about your web site and the way great it is. She's right, I am actually impressed with the writing and slick design. It appears to me you're simply scratching the floor in terms of what you may accomplish, however you're off to an ideal begin!

My website is on [Childhood depression](#).

Reply



Becky Leavens

August 12, 2011

Hello. This post was extremely motivating, especially because I was searching for thoughts on this subject last week.

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Leave a Comment

- [@erica_reed](#) Thanks, we're excited too! about 17 hours ago from HootSuite in reply to erica_reed

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian