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1 capture

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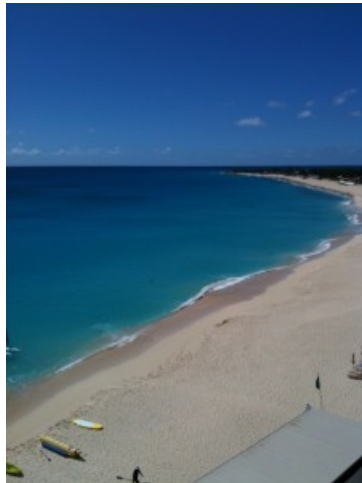
Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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Home » Blog » How We Can Help Japan

How We Can Help Japan

Posted by Diana Nyad on Mar 22, 2011 in Blog | 0 comments



Training all day long in these sparkling Caribbean waters of St Maarten no longer qualifies as hardship as we continue to witness the tragedy of Japan. The Earth has become a very small place in our 21st century. The movement of those plates, the force of those waves are not at all far from this seemingly calm ocean paradise.

Have you heard that donations to the Japan relief effort are far below the response to both Haiti and Katrina, prompted by a misunderstanding that Japan's economic stability rules out their needing help? This heartbreaking disaster could very likely replicate anywhere on our planet, at any moment. We simply must, as citizens of the world, come to each others' rescue in such horrific times.

There are many ways to give. I find the easiest is to text 90999, then write REDCROSS as your message. A mere \$10 will be billed to your phone. If we all give just \$10, millions could help those good, suffering people. Peace out.



Archives

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Diana's Tweets



- @brkfastattiffys Thanks so much for the follow back.. make sure to check out my facebook page! <http://t.co/nf0JK8HG> about 11 hours ago from HootSuitein reply to BrkfastAtTiffys
- @janetober Don't let anything stand in the way of your dreams- courage is never stopping!! about 11 hours ago from HootSuitein reply to JanetOber
- @slatefree1 I'm happy to have followers! The next adventure is whatever jumps out at me next in life. about 11 hours ago from HootSuitein reply to Slatefree1
- @mezzoring I couldn't agree more, we need to lean to preserve the earth and all of the creatures that come with it! about 11 hours ago from HootSuitein reply to mezzoring

Leave a Comment

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14 Oct 2011 1:41pm

Mail (will not be published)

Website

Your message...

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- [@erica_reed](#) Thanks, we're excited too!
about 12 hours ago from HootSuite
[reply to erica_reed](#)

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About this capture

Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

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- October 2011 (11)
- September 2011 (43)
- August 2011 (36)
- July 2011 (20)
- June 2011 (11)
- May 2011 (15)
- April 2011 (4)
- March 2011 (2)
- February 2011 (1)
- January 2011 (2)
- October 2010 (3)
- September 2010 (7)
- August 2010 (14)
- July 2010 (13)

Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian