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Songs In the Sea



I do have an MP3 player loaded with great songs. Mamas and the Papas, Little Anthony, Black Eyed Peas, Elton John. Works with this incredible bone transference technology. Don't have to bath a bothersome bud in the ear. Just lay the receivers on the temples, attached to the goggles. Made for underwater. Every strum of a guitar, every Beatles harmony angelic and clear. But I am bothered by being away from my own mind too much. I'll put the receivers on maybe for 45 minutes every 15 hours or so. Just a little something to look forward to. All of this, the music and the counting, are for the hours when the brain is engaged in left-lobe thinking. When I'm pretty lucid and present. But then there are the unconscious hours. The right-lobe hours when you are dreaming yet awake. When you're literally watching your unconscious work through illogical but revealing images and conclusions. You're immersed, literally, in state of fairly extreme sensory deprivation and it seems the brain is working on both alpha and beta waves all at once. More on that trip next time.

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