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Diana Nyad Extreme Dream

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I'm Margie Carroll. I participated in the first Cuba swim. Here are some of my thoughts on waiting.

On the 1978 Cuba swim, the team was filled with an eagerness and anxiousness. The stress of a venture of this magnitude was almost unbearable. An added complication was that, unlike most athletes who can schedule their training in order to peak on "race day," Diana's training had to balance training with tapering and rest for the event without knowing for sure when the event would begin.

We couldn't wait to start. And yet, we were obliged to wait. We waited first in Florida and then in the Havana Riviera. But then as now, the days on land continued with the delay dictated by two incorrigible forces of politics and the weather.

Of course, the waiting was most difficult for Diana. After the waiting she would begin one of the most grueling endeavors anyone has ever ELECTED to do. Nonetheless Diana was eager to begin and her desire and will sustained the rest of the team. Some things never change.

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—Margie Carroll

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