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Diana Nyad Extreme Dream

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An Update From Diana



Yesterday was the toughest day of this yearlong quest. I hit the wall and broke down in sobbing, bitter tears. There have been obstacles, tough training days, etc, but nothing like yesterday. The weather broke for us. Not perfect but a 3-day forecast we couldn't afford to pass up as calm seas come less and less often as we approach September. Enough of the crew hustled into Key West to get the fleet of boats ready and get over to Havana. But the Cuban visas are STILL not processed. I was told way back on January that it would be the U.S. State Dept licenses that would be tricky to procure for an event like this, but that Cuba would welcome us with open arms. Hilary Clinton took time out of her pressured schedule to make sure the U.S side was taken care of. But the Cuban side has been maddening. I can't get any answers....and I have many influential people trying for me.

So I am night training here in Key West, testing out some new underwater light rigging. And desperately waiting for the visas to come. Once they are in hand, we have to hope against hope that another period of three or so days of calm seas will come our way. I was rocked yesterday. I hit the wall, with all the effort, all the crew's dedication.....and all of you rooting for me and inspiring me with your own stories of commitment in your lives. But today is a brand new day. I'll night train again tonight. We're all back on track and the mission goes on. There was something magical for me about doing this swim when I am 60. But I turn 61 on Sunday.....alas.....but that's the last thing I have to worry about."

-Diana

Diana Nyad

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