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Go

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JUL

SEP

04

2009

2010

2011

About this capture

11 captures

4 Jul 2010 - 16 Aug 2011

Diana Nyad Extreme Dream

BRAVA BODY

THE DREAM

ABOUT DIANA

SWIMSUIT

BLOG

SUPPORT



On July 10th, at the age of 60, legendary open-water swimmer Diana Nyad will attempt to complete her first marathon swim in over 30 years. Nyad's triumphant return to long-distance swimming till take her 50 miles off the Florida Coast to begin a consecutive 24-hour swim through the Gulf Stream's open-water and back to the Florida shoreline, without a shark cage.

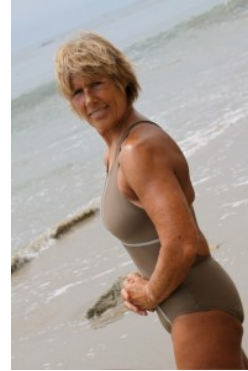
THE SWIMSUIT

Not only is the salt water of the ocean an abrasive element for the skin, especially around the strap areas, but the waters in the Florida Straits between Cuba and Florida are particularly high in saline measurement.

With regular competition type suits, no matter how much petroleum jelly I apply to those skin areas—and even go so far as to inject petroleum jelly into the seams of the straps—I have wound up with deep, bloody gashes all along the strap lines.

The rubbing against these gashes for many hours is literally rubbing salt in a wound. AND even the small amount of blood created is easily detected by sharks from quite far away.

Robin Piccone, highly successful swimsuit designer for many years, has designed this suit for me to be free of abrasions. She'll tell you more about the type of stitching, a very soft thread, and her unique decision to put the stitching on the outside of the strap, rather than the inside.



Diana Nyad

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