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About this capture



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# Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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## Support Now

I am thrilled to announce I have been brought on as a consultant for the over-50 age group of SPIRE™. SPIRE™ is going to help fund my Xtreme Dream via your fully tax deductible donations.

Please click below to donate.

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What is SPIRE™ ?

SPIRE™ is a new era in Athletic Development and was born under the umbrella of GaREAT, (Geneva area Recreational, Educational, Athletic Trust).

SPIRE™ Institute integrates sports and education, training and learning, performance and competition like no place on Earth. [Learn more about Spire here.](#)

### Twitter Updates



- Water temp is still too low to start on my voyage but I feel the surface temp. climbing hotter and hotter. Hope is alive. I can't wait! [about 9 hours ago](#) from [HootSuite](#)
- [@mcfrancis](#) The weather is beautiful! Sunny and in the high 80's! I should be starting soon. Not sure exactly when yet but any day now. [about 11 hours ago](#) from [HootSuite](#) [reply to mcfrancis](#)
- [@sonjavoelkel](#) That's great! Thank you for the support from all the way out there! [about 12 hours ago](#) from [HootSuite](#) [reply to sonjavoelkel](#)
- A great CNN blog on my xtreme dream. <http://ow.ly/5BpPg> [about 13 hours ago](#) from [HootSuite](#)
- [@tessaksamit](#) Thank you so very much. I can't wait to get started. Counting down the days! [about 13 hours ago](#) from [HootSuite](#) [reply to TessAksamit](#)
- [@kylewgreene](#) Thank you so much! The support I'm getting is really amazing. I couldn't be better! Hope you're doing well! [about 13 hours ago](#) from [HootSuite](#) [reply to KyleWGreene](#)
- [@johntelich8](#) Good to hear! Hope you have a great day! [about 13 hours ago](#)

from [HootSuitein](#) reply to [JohnTelich8](#)

- [@sonjavoelkel](#) I'm wonderful! Feeling great and I have some beautiful weather to train in. Where are you located?

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about 13 hours ago from [HootSuitein](#)  
12 Jul 2011 – 19 Jun 2012

by [@sonjavoelkel](#)

- [@kidshwee](#) Thank you for the shout out! Counting down the days! about 13 hours ago from [HootSuitein](#) reply to [kidshwee](#)
- [@mattisongrey](#) Thanks for the shout out! about 13 hours ago from [HootSuitein](#) reply to [MattisonGrey](#)

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian