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About this capture



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Diana Nyad Xtreme Dream 103 miles. Cuba to Florida. Summer 2011

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Twitter Updates



- Here's a clip from Michael Broder, my doctor for the swim! <http://ow.ly/69CMv> about 2 hours ago from HootSuite
- We have uploaded three new videos to the YouTube channel - please check them out: <http://t.co/iSFrx94> 09:17:14 PM August 22, 2011 from HootSuite
- New blog post! Please share with your networks and let me know what you think... <http://ow.ly/69MDu> 07:54:52 PM August 22, 2011 from HootSuite
- Here is a clip of my thoughts after the swim. It was a tough 30 hours but I pushed and pushed. <http://ow.ly/69CjQ> 05:24:58 PM August 22, 2011 from HootSuite
- Ever have someone who owe so much to? For me it is Bonnie. Here are her thoughts on the swim: <http://ow.ly/67KYN> 03:40:02 PM August 21, 2011 from HootSuite
- Here is an amazing and uplifting article on women athletes: <http://ow.ly/68F5p> 01:38:52 PM August 21, 2011 from HootSuite
- Bonnie has been invaluable during my swim! Here are her thoughts on the

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Without Bonnie as the rock, I'd never have been able to do anything. Her strength and her thoughts are what kept me going. <http://ow.ly/67L1y>

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2010 2011 2012

About this capture



- 19, 2011 from HootSuite
- I'd like to share with all you the thoughts of a pivotal character in the Xtreme Dream: [#fearless](http://ow.ly/67Cjy) 03:48:00 PM August 19, 2011 from HootSuite
- The @latimes has a new article highlighting how there have been struggles, but I'm not giving up: <http://ow.ly/66CTB> 04:20:13 PM August 18, 2011 from HootSuite

Archives

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Diana Nyad's Xtreme Dream

"Diana is more than a swimmer. She's a beacon of hope to us all that we can dream big, live life large, and look back at all of it with no regrets whatsoever."

Recent Posts

- Talk about a gem
- A display of human courage
- A personal email from Billie Jean King to Diana
- Bonnie's Reflections – Lead Handler/Head Trainer
- Reinventing Yourself –Liza Eversole, Diana Nyad's sister

Recent Comments

- Joanne on Talk about a gem
- JoAnn Szott on Talk about a gem
- Judith DeZinno on Talk about a gem
- Joanne on Bonnie's Reflections – Lead Handler/Head Trainer
- jean golden on Reinventing Yourself –Liza Eversole, Diana Nyad's sister

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Xtreme Dream. For Diana Nyad's representation please contact Pam Derderian