

**From:** dbrady13 [REDACTED]  
**Subject:** Cuba swim  
**Date:** October 1, 2018 at 6:01:58 PM PDT  
**To:** Diana Nyad [REDACTED]

To: World Open Water Swimming Association

From: Diane (Dee) Brady

I am the owner and boat captain of voyager Diana Nyad's escort boat of her Cuba swim

I rotated two-hour shifts with three other captains at the wheel where we never took our eyes off of Diana. While I was off my shift I never left my boat voyager. Of the 53 hours I slept for 3 hours in a corner of the boat

It was riveting to watch her complete this incredible journey. My eyes never left her progress

At no time did she ever touch Voyager; she would stop for feedings but tread water the whole time

She did not and refused to wear fins even after that was suggested to her. She would just not have it. She was going to complete this task under her own volition.

I never witnessed her being held up by any flotation device or resting on anything or anyone. Again during feedings she treaded water each time as hard as that was.

There was never anything or anyone that propelled her forward toward her goal. Every grueling inch was under her own volition .

At no time did i witness any assistance from anything that would aid in her buoyancy. Again she treaded water during each stop for food or water or nutrients

I worked for Diana for four years on all her previous attempts and each one she would have it no other way than by the book. It was her rules and we obeyed them.