

Hi Diana -- Yeh I remember running into that lady. I was just starting a kayak lesson when I met her with another kayak friend of mine, Small world, Thanks for asking. Heart is fantastic. The cardiologist told me to check back in a couple of years. In the mean time I have lost 40lbs, Back to my old playing wait, Unfortunately 207 at 65 years old just doesn't look the same as it did at 25 LOL

Now about the swim,.,

I'm probably a good one to ask because being a former athlete and being around world class athletes clear back since I was born I know what it takes to achieve athletic goals. I know what athletes go through in the moment. I know on the swim I slept very little because of my competitive juices flowing. Much of the time not sleeping I would sit on the Bow of the kayak catamaran and just watch what I felt could be history. Being one of the kayak team it was extremely important not to touch you or assist you in any way and we talked about that constantly between shifts. We did 3 or 4-hour shifts I cant remember because sometimes I was asked by Bonnie to stay on the water. I know I did at least one 6 hour shift and two 5 hour shifts plus my regular shifts. I think Bonnie asked me because of my athletic past and I wasn't a cheerleader.

I never saw anyone assist you in any way. No offense but I would not be on your side if I did.

When the big storm came up and the kayakers were pulled out of the water and the divers were sent in I was the kayaker that went back out when the divers started cramping up. Don came to me and apologized but said I had to go. I said something brilliant like OH WELL. After my shift with just 1 kayaker because they weren't able to get Buco in the water for awhile I returned to my boat and Captain John Duke told me the sea had been 7ft confused.. (and that I AM BLANKIN NUTS) If there was a time you were going to quit or want assistance that would have been it I would think. I remember Fox News asked me about cheating and I gave two answers. one made it on the air. One was if I thought you were cheating I sure wouldn't be out there risking my life.. The other response was that we had an entire team of around 44 people. If cheating was going on how do you expect 44 regular people to keep a secret like that when the CIA can't keep a secret..

Being on the water and just watching history I can absolutely say you

never got any assistance from kayakers - holding on to Voyager-- or another vessel - I never saw you wear fins or get any assistance of any kind - You were never held up pushed drug or any other way to move forward

As I said earlier I have been around world class athletes my entire life plus my father and I are Hall of Famers in our respective sports. I have met and talked with people like Jesse Owens. My babysitter as a child was an All American Defensive End at Ohio State. I am definitely not impressed by athletes. There are only 2 athletes that impress me Diana Nyad and Jesse Owens.

I am sorry I am not a better writer but if I thought there was any impropriety I would have been the first one to blow the whistle and be ashamed of participating, but instead I am still proud to be a member of the Diana Nyad Xtreme Dream team

STILL PROUD

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