

Here are the official rules of the swim!

POSTED BY XTREME DREAM TEAM ON AUG 5, 2011 IN BLOG | 1 COMMENT

When either of the two observers mentioned a rule in their logs, it was almost always some version of, “No touching at the finish!”

McVeigh’s log

from before attempt began:

“Important point was made to never touch Diana while in the water.”

from beginning of attempt:

“Steve M sending details on rules of swim finish to Alex & Dreams via email instructed to print out and bring copy to Voyager.”

from towards end:

“discussed landing protocol and need for her to exit water without being touched, according to email received from Steve”

Hinkle’s log

Rules

“Get your entire body crawl walk must get on dry land.” [via handwritten version]
“(my notes difficult to read here) but I think we discussed the importance of the insistence that she get on dry land before it is over.” [via typed version]

(from the video I took, not in notes) 10:40 am . . .

John Berry reminds everyone to make sure Diana is not touched until she is out of the water and Bonnie will be the first person to touch her. [see clip]

I’ve often written that Diana Nyad swam without any official rules. I was wrong. She had one clear rule that [she declared publicly, in writing](#), way back in 2011. In fact, she called her one rule “the official rules of the swim”: At the finish, no one can touch her until she clears the water. That’s it—all the rules. She hammered it/them into the head of everyone who accompanied her in 2013.

That the rule reveals her hypocrisy—crew members touched her throughout the attempt—made no difference to her, nor did it seem to bother anyone on her crew. It must have troubled Steven Munatones, though, influencing how he drafted the multiple versions of his Florida Straits rules and contributing to his decision never to publish a single one.